

Track: real\_dosaguas\_millares\_lamuella\_millares\_dosaguas-track.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 95 BYC**

Total length	73.21 Km
Analyzed distance	73.21 Km
Lineal distance	0.01 Km

Accumulated climb	1581 m
Accumulated descent	1570.8 m
Maximum height	593 m
Minimal height	137 m
Climb rate	5.28 %
Descent rate	5 %
Positive climb difference per km	21.6 m
Negative descent difference per km	21.46 m

Total time	4:48:46 h
Time in movement	3:17:44 h
Stopped time	1:31:02 h

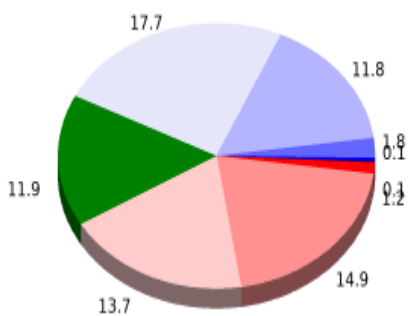
Total speed average	15.21 Km/h
Average speed in movement	22.21 Km/h
Maximum held speed	57.41 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	3609 (cad. 20.29 m)
Significant points	1776 (cad. 41.25 m / 49.21 %)
Aberrant points	2 (0.06 % d. total)

Direction changes per km	7.62
Direction changes >5° per km	6.11
Accumulated straight stretches	15.213 Km
Straight stretches per km	207.8 m
Penalizable slope changes	15
Penalizable slope changes per km	0.205

Find The Best bike routes

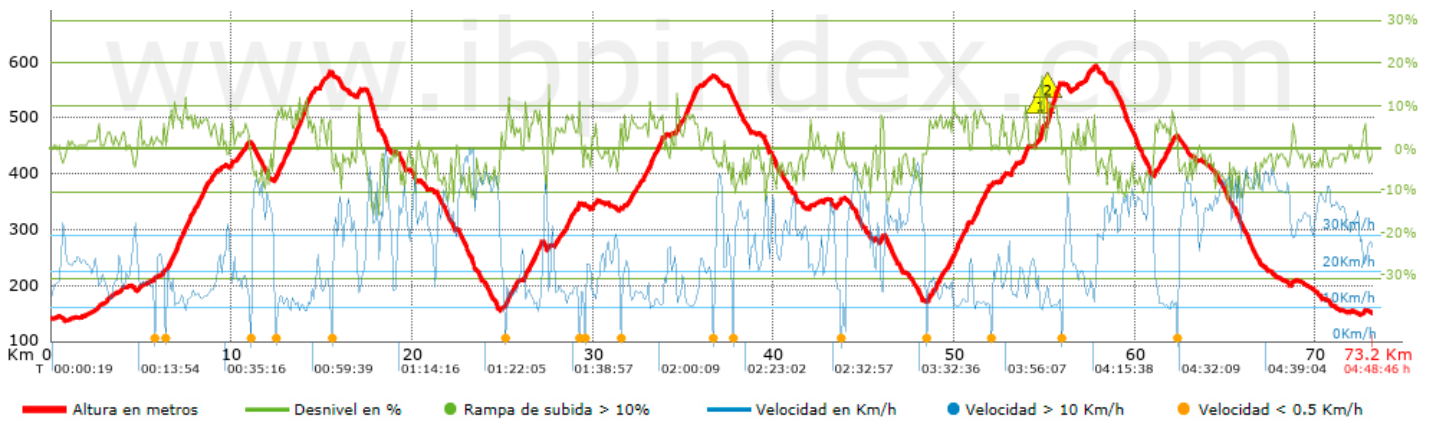
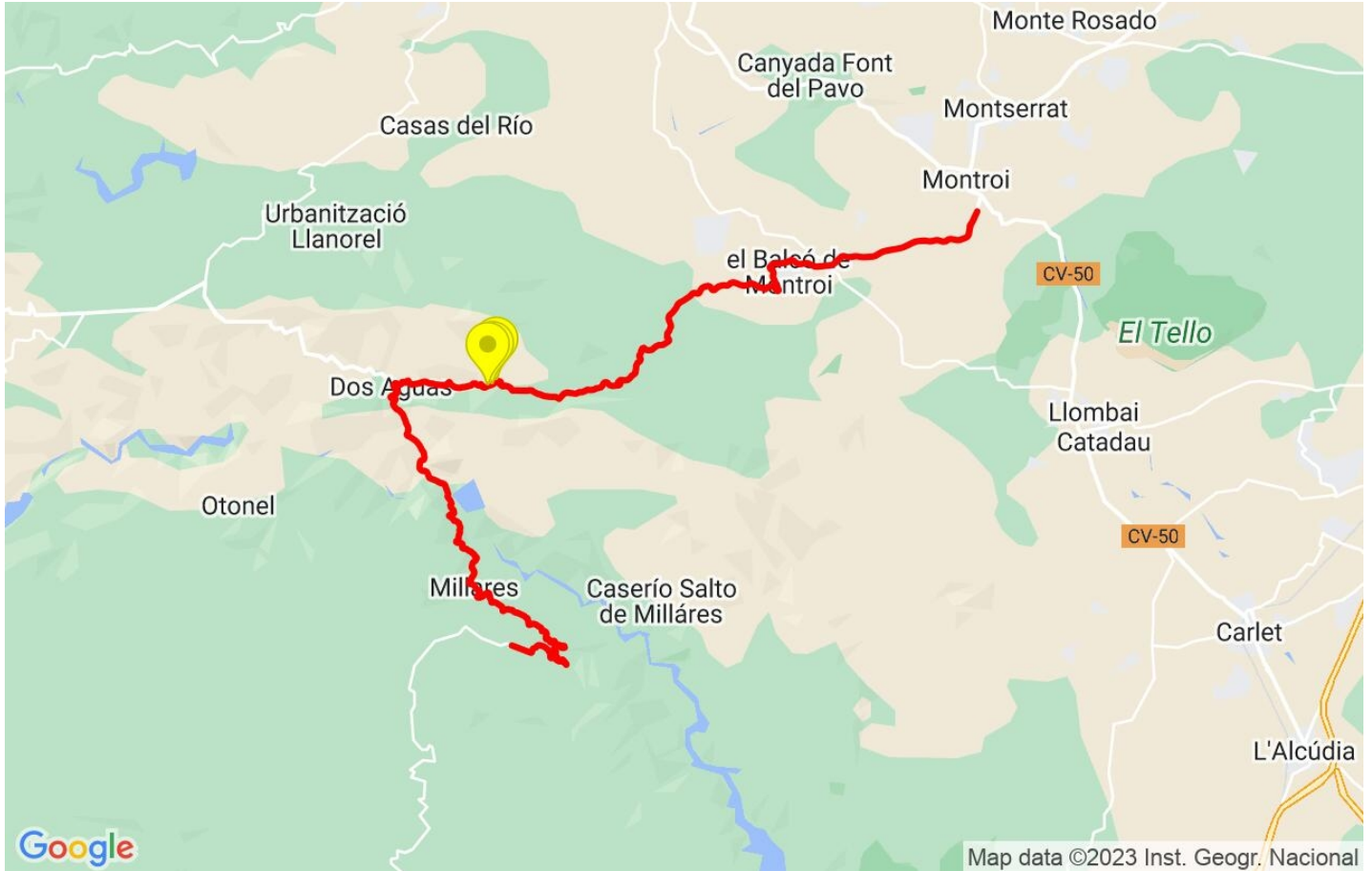


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.08	0.11	12.6	0:00:23
	Between 10 and 15%	1.233	1.68	9.71	0:07:37
	Between 5 and 10%	14.905	20.36	13.72	1:05:11
	Between 1 and 5%	13.734	18.76	18.79	0:43:52
	<b>Total :</b>	<b>29.953</b>	<b>40.91</b>	<b>15.35</b>	<b>1:57:03</b>
	<b>Plain</b>				
	Difference of 1%	11.863	16.2	25.85	0:27:32
	<b>Breakdown descents</b>				
	Between 1 and 5%	17.732	24.22	33.16	0:32:05
	Between 5 and 10%	11.786	16.1	39.54	0:17:53
	Between 10 and 15%	1.779	2.43	35.58	0:03:00
	Between 15 and 30%	0.1	0.14	32.71	0:00:11
	<b>Total :</b>	<b>31.398</b>	<b>42.89</b>	<b>35.44</b>	<b>0:53:09</b>
	<b>Total track :</b>	<b>73.21</b>	<b>100 %</b>	<b>22.21</b>	<b>3:17:44</b>

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**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	54.737	12 %	115 m
	55.199	11 %	246 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
5.66	0:02:04	209	0:16:29	0:16:29	5.66
6.252	0:01:45	225	0:20:02	0:03:33 < 10´	0.592
10.979	0:06:47	456	0:39:00	0:18:58	4.728
12.373	0:01:48	387	0:47:55	0:08:55 < 10´	1.393
15.466	0:03:50	582	1:02:55	0:15:00	3.093
25.063	0:01:55	161	1:23:44	0:20:49	9.597
29.526	0:02:19	344	1:42:27	0:18:43	4.463
36.593	0:04:18	575	2:10:37	0:28:10	7.067
37.718	0:04:26	538	2:17:24	0:06:47 < 10´	1.125
43.67	0:49:56 > 10´	347	2:34:06	0:16:42	5.952
48.405	0:03:03	173	3:33:09	0:59:03	4.735
51.971	0:02:00	378	3:51:29	0:18:20	3.566
55.882	0:03:15	561	4:07:25	0:15:56	3.911
62.324	0:03:36	467	4:28:18	0:20:53	6.442
<b>Total :</b> 1:31:02 h					