

Track: oliva_forna_vallgallinera_planes_gorga_castell_murla_sagra_pegó_oliva.gpx

These speeds are average for = BYC

IBP index reliability= B

IBP = 114 BYC

Total length	108.56 Km
Analyzed distance	108.56 Km
Lineal distance	0.04 Km

Accumulated climb	1703.6 m
Accumulated descent	1683 m
Maximum height	774.4 m
Minimal height	19.4 m
Climb rate	4.11 %
Descent rate	3.69 %
Positive climb difference per km	15.69 m
Negative descent difference per km	15.5 m

Total time	5:58:59 h
Time in movement	5:05:07 h
Stopped time	0:53:52 h

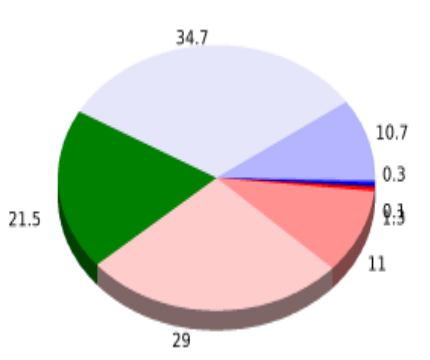
Total speed average	18.15 Km/h
Average speed in movement	21.35 Km/h
Maximum held speed	55.7 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4666 (cad. 23.27 m)
Significant points	2497 (cad. 43.5 m / 53.51 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	7.01
Direction changes >5° per km	5.09
Accumulated straight stretches	30.631 Km
Straight stretches per km	282.16 m
Penalizable slope changes	14
Penalizable slope changes per km	0.129

Find The Best bike routes

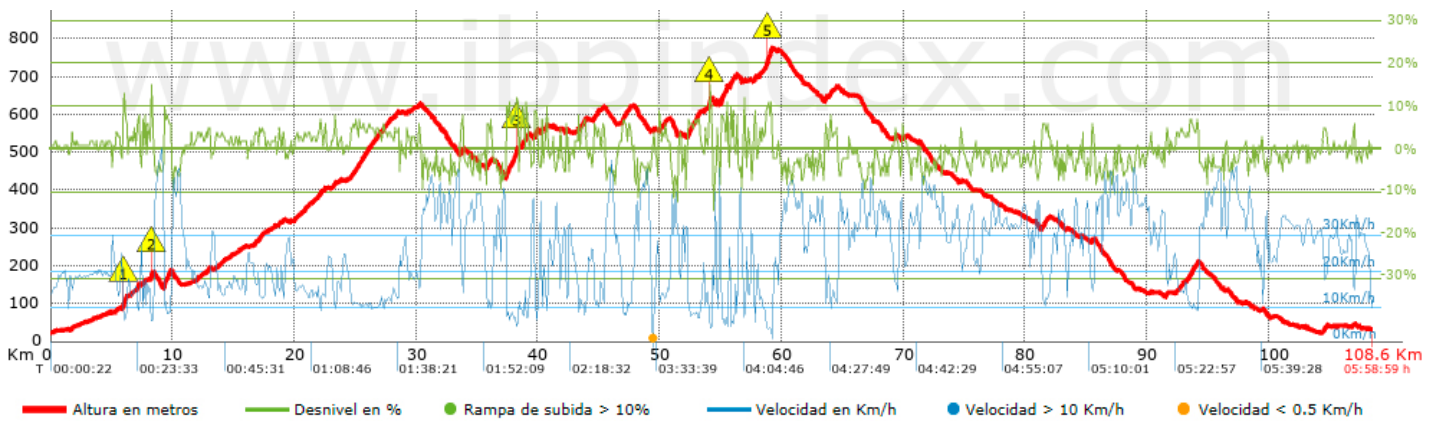
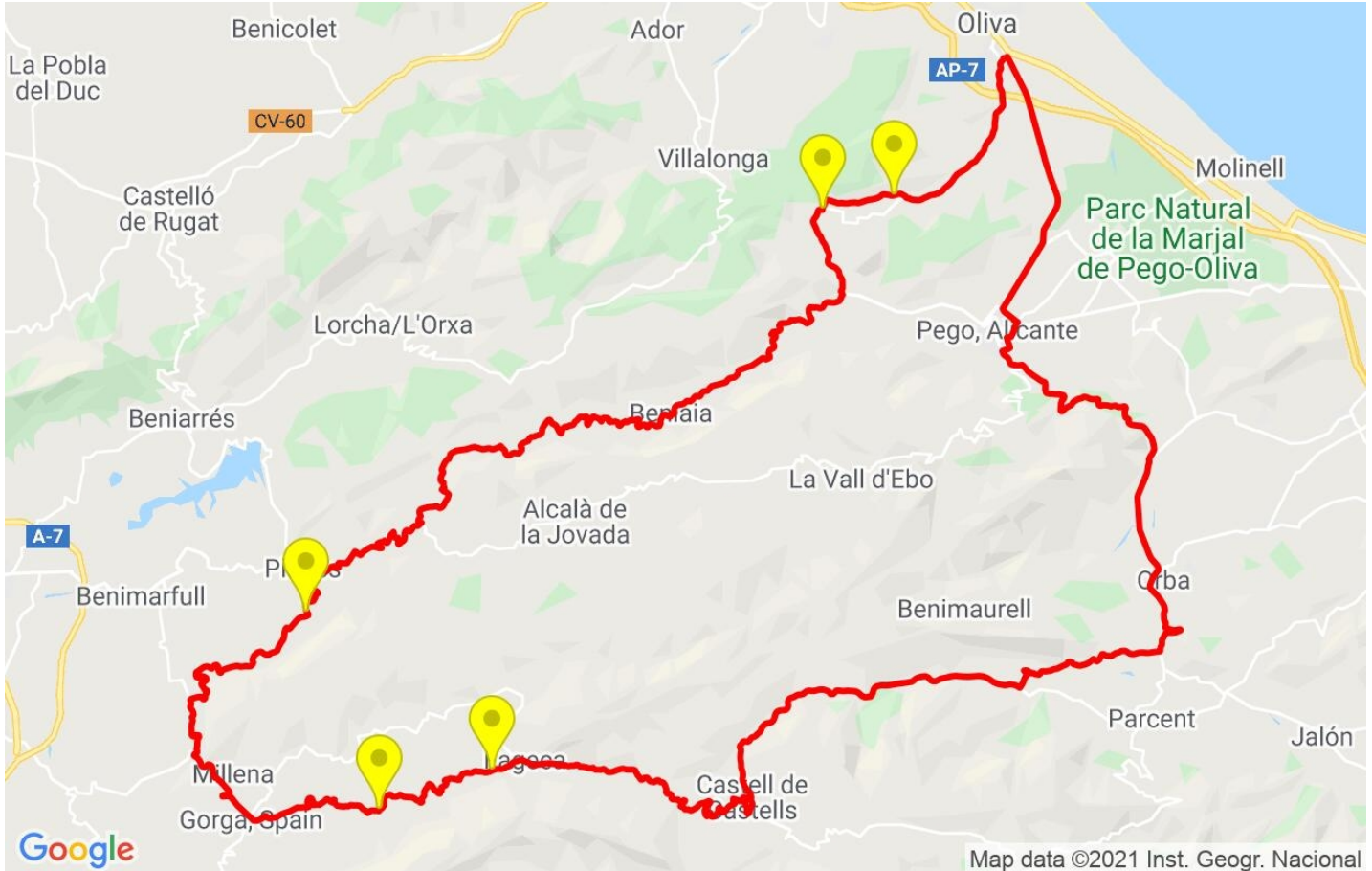


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.113	0.1	7.13	0:00:57
	Between 10 and 15%	1.296	1.19	6.96	0:11:10
	Between 5 and 10%	11.045	10.17	11.09	0:59:46
	Between 1 and 5%	28.979	26.69	16.67	1:44:20
	Total :	41.433	38.16	14.11	2:56:13
	Plain				
	Difference of 1%	21.46	19.77	25.76	0:49:59
	Breakdown descents				
	Between 1 and 5%	34.736	32	33.58	1:02:04
	Between 5 and 10%	10.678	9.84	39.35	0:16:17
Between 10 and 15%	0.257	0.24	27.17	0:00:34	
Between 15 and 30%	0	0	0	0:00:00	
Total :	45.67	42.07	34.72	1:18:55	
Total track :	108.56	100 %	21.35	5:05:07	





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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	5.92	12 %	178 m
	8.221	12 %	97 m
	38.24	13 %	140 m
	54.057	13 %	159 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
49.282	0:53:52 > 10´	554	2:38:32	2:38:32	49.282
Total : 0:53:52 h					