

Track: manuel_beniganim_beniarres_agres_ontinyent_manuel.gpx

These speeds are average for = BYC

IBP index reliability= B

IBP = 106 BYC

Total length	108.72 Km
Analyzed distance	108.72 Km
Lineal distance	0.09 Km

Accumulated climb	1576.4 m
Accumulated descent	1577.6 m
Maximum height	670.4 m
Minimal height	41.6 m
Climb rate	3.96 %
Descent rate	3.68 %
Positive climb difference per km	14.5 m
Negative descent difference per km	14.51 m

Total time	6:17:11 h
Time in movement	4:57:53 h
Stopped time	1:19:18 h

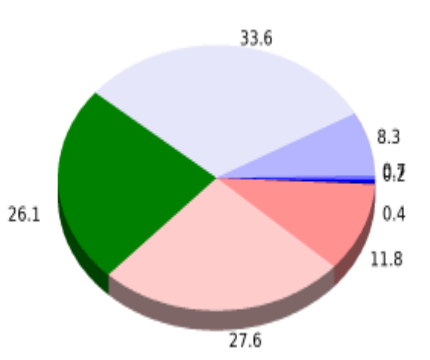
Total speed average	17.3 Km/h
Average speed in movement	21.9 Km/h
Maximum held speed	55.9 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	8179 (cad. 13.29 m)
Significant points	3077 (cad. 35.35 m / 37.62 %)
Aberrant points	1 (0.01 % d. total)

Direction changes per km	10.16
Direction changes >5° per km	4.22
Accumulated straight stretches	45.408 Km
Straight stretches per km	417.66 m
Penalizable slope changes	12
Penalizable slope changes per km	0.11

Find The Best bike routes

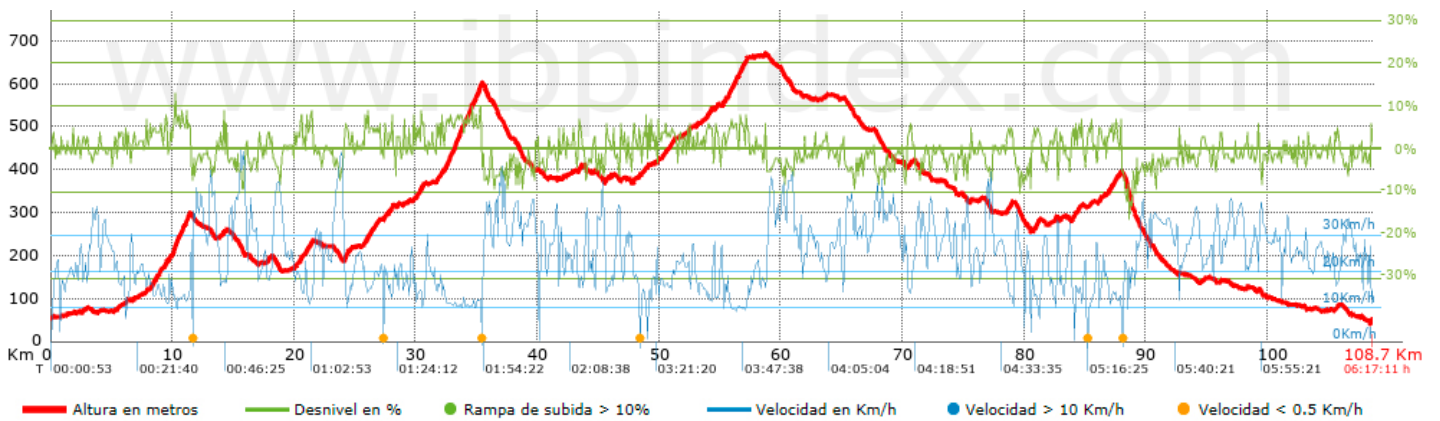


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0	0	0	0:00:00
	Between 10 and 15%	0.38	0.35	12.55	0:01:49
	Between 5 and 10%	11.779	10.83	13.97	0:50:36
	Between 1 and 5%	27.631	25.41	18.02	1:32:00
	Total :	39.79	36.6	16.53	2:24:25
	Plain				
	Difference of 1%	26.112	24.02	23.92	1:05:30
	Breakdown descents				
	Between 1 and 5%	33.638	30.94	29.12	1:09:19
	Between 5 and 10%	8.325	7.66	30.83	0:16:12
Between 10 and 15%	0.686	0.63	23.74	0:01:44	
Between 15 and 30%	0.173	0.16	14.46	0:00:43	
Total :	42.821	39.39	29.21	1:27:58	
Total track :	108.72	100 %	21.9	4:57:53	

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High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
11.582	0:03:03	296	0:38:21	0:38:21	11.582
27.305	0:01:18	284	1:18:40	0:40:19	15.723
35.426	0:02:13	602	1:51:49	0:33:09	8.121
48.437	0:52:34 > 10´	386	2:23:03	0:31:14	13.01
85.215	0:16:47 > 10´	312	4:59:38	2:36:35	36.779
88.104	0:03:23	392	5:27:46	0:28:08	2.888
Total : 1:19:18 h					