

Track: Calicanto_Bunol_VentaGaeta_Bunol-track.gpx

Date: 13/02/2015

Track: Calicanto_Bunol_VentaGaeta_Bunol-track.gpx

Detected modality = BYC

IBP index reliability= A

IBP = 132 BYC

Total length	112.496 Km
Analyzed distance	112.496 Km
Lineal distance	0.003 Km

Accumulated climb	1957.6 m
Accumulated descent	1945.6 m
Maximum height	700.6 m
Minimal height	103.2 m
Climb rate	5.13 %
Descent rate	4.82 %
Positive climb difference per	17.4 m
Negative descent difference per	17.29 m

Total time	6:16:59 h
Time in movement	5:23:45 h
Stopped time	0:53:14 h

Total speed average	17.9 Km/h
Average speed in movement	20.85 Km/h
Maximum held speed	64.08 Km/h

Max slope filter	~30 %
Min. pons separation	~30 m
Number of points	10093 (cad. 11.15 m)
Significant points	2934 (cad. 38.36 m / 29.07 %)
Aberrant points	35 (0.35 % d. total)

Direction changes per	8.27
Direction changes >5° per	4.37
Accumulated straight stretches	43.27 Km
Straight stretches per	384.64 m
Penalizable slope changes	16
Penalizable slope changes per	0.142

Find The Best bike routes



Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.03	0.03	0	0:00:00
	Between 10 and 15%	1.384	1.23	11.3	0:07:21
	Between 5 and 10%	18.481	16.43	12.78	1:26:46
	Between 1 and 5%	18.238	16.21	15.66	1:09:52
	Total :	38.133	33.9	13.95	2:43:59
	Plain				
	Difference of 1%	34.003	30.23	23.03	1:28:35
	Breakdown descents				
	Between 1 and 5%	22.328	19.85	30.06	0:44:34
	Between 5 and 10%	17.487	15.54	41.01	0:25:35
Between 10 and 15%	0.544	0.48	31.62	0:01:02	
Between 15 and 30%	0	0	0	0:00:00	
Total :	40.36	35.88	34.02	1:11:11	
Total track :	112.496	100 %	20.85	5:23:45	

Track: Calicanto_Bunol_VentaGaeta_Bunol-track.gpx

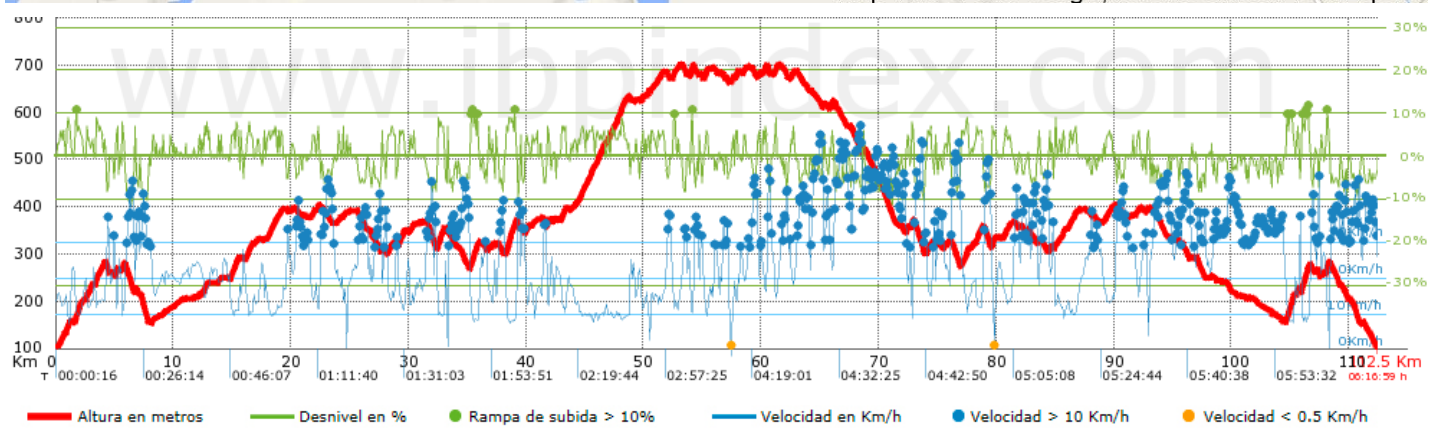
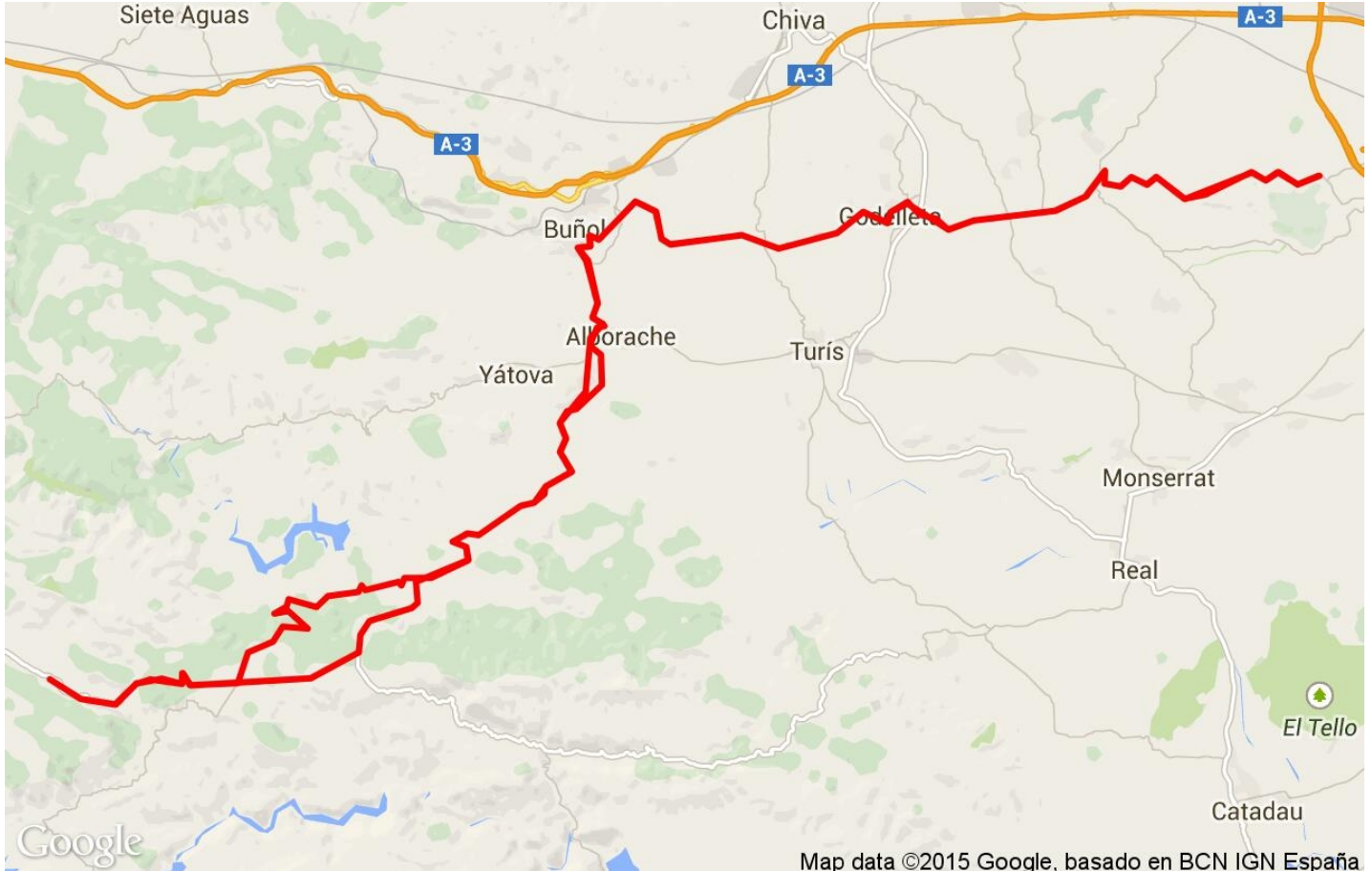
Date: 13/02/2015

Track: Calicanto_Bunol_VentaGaeta_Bunol-track.gpx

Detected modality = BYC

IBP index reliability= A

IBP = 132 BYC



High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
57.31	0:53:14 > 10'	663	3:13:01	3:13:01	57.31
Total : 0:53:14 h					