

Track: altura\_montmayor\_sacanet\_labellida\_teresa\_jerica\_novaliches\_sanvalero\_altura.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 107 BYC**

Total length	92.89 Km
Analyzed distance	92.89 Km
Lineal distance	0.08 Km

Accumulated climb	1774 m
Accumulated descent	1775.2 m
Maximum height	1263.2 m
Minimal height	324.2 m
Climb rate	4.61 %
Descent rate	4.44 %
Positive climb difference per km	19.1 m
Negative descent difference per km	19.11 m

Total time	5:47:21 h
Time in movement	4:08:11 h
Stopped time	1:39:10 h

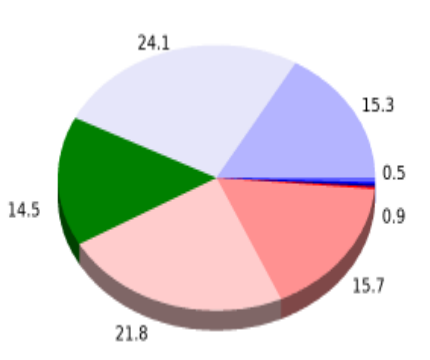
Total speed average	16.05 Km/h
Average speed in movement	22.46 Km/h
Maximum held speed	61.46 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	7199 (cad. 12.9 m)
Significant points	2612 (cad. 35.58 m / 36.28 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	9.53
Direction changes >5° per km	4.65
Accumulated straight stretches	33.433 Km
Straight stretches per km	359.92 m
Penalizable slope changes	16
Penalizable slope changes per km	0.172

Find The Best bike routes

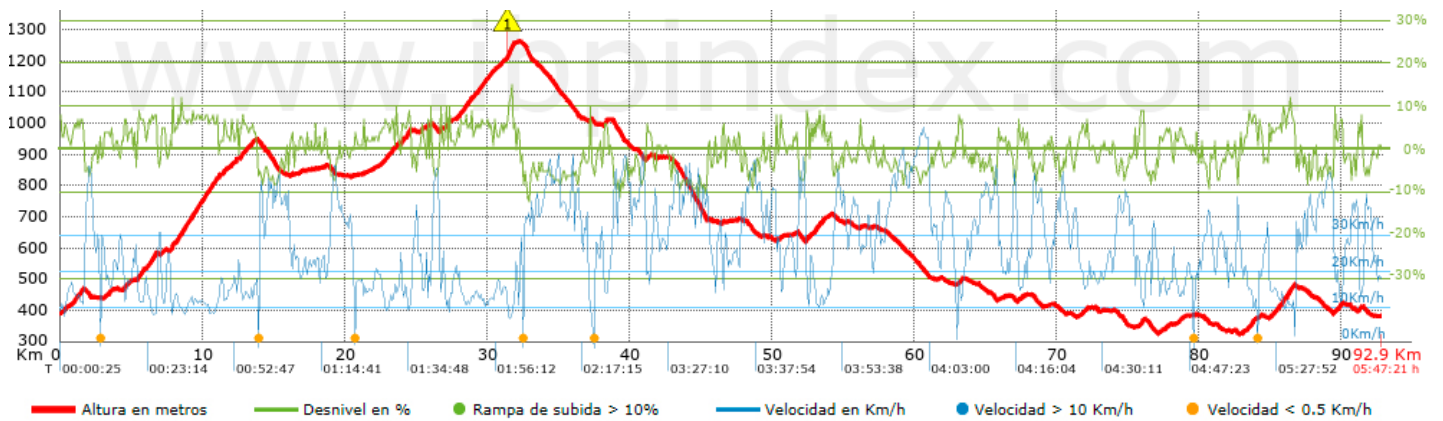
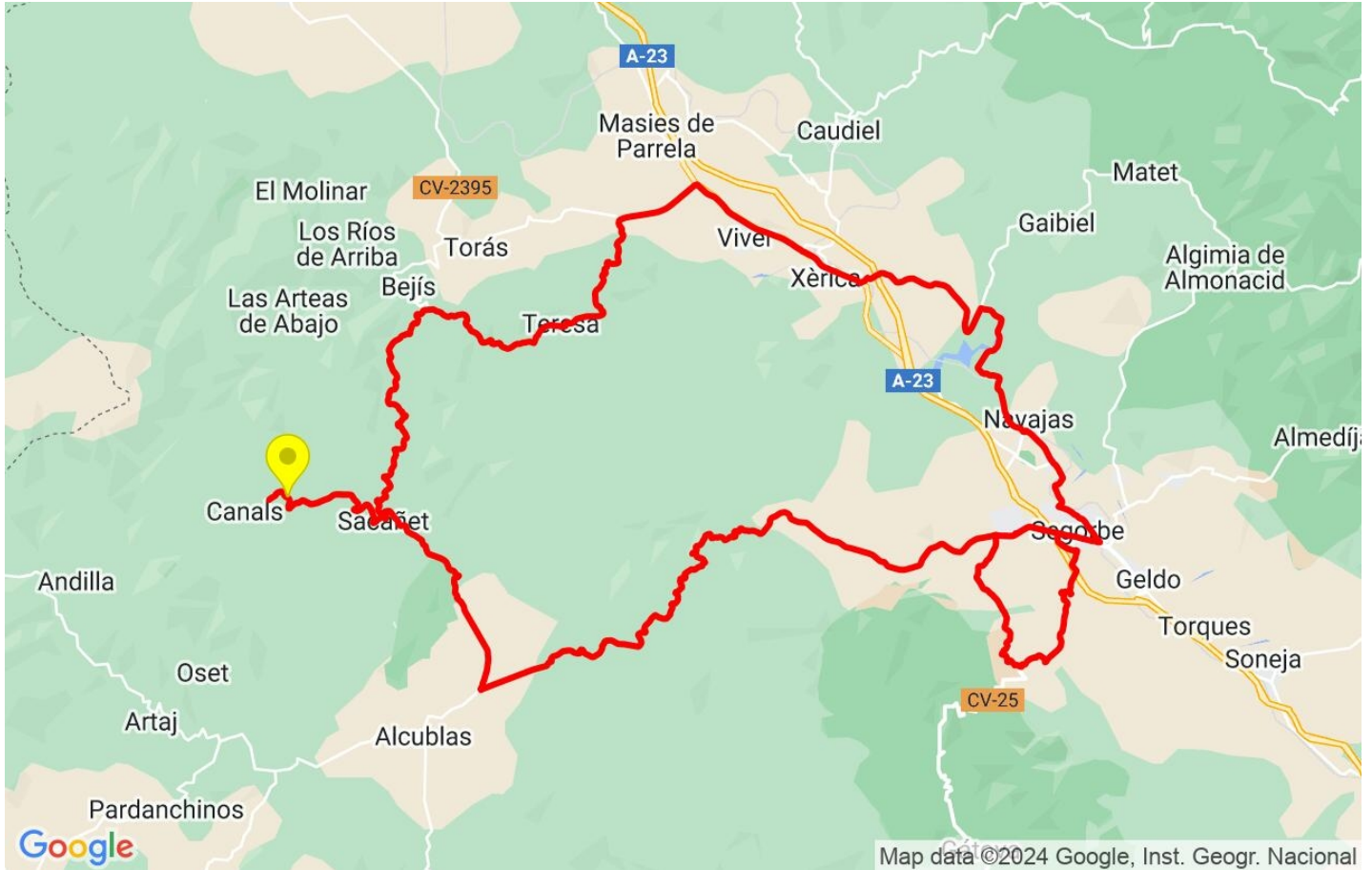


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	0.909	0.98	11.61	0:04:42	
	Between 5 and 10%	15.703	16.91	12.91	1:12:58	
	Between 1 and 5%	21.831	23.5	18.74	1:09:53	
	<b>Total :</b>	<b>38.443</b>	<b>41.39</b>	<b>15.63</b>	<b>2:27:33</b>	
	<b>Plain</b>					
	Difference of 1%	14.468	15.58	25.35	0:34:15	
	<b>Breakdown descents</b>					
	Between 1 and 5%	24.128	25.98	32.93	0:43:58	
	Between 5 and 10%	15.322	16.49	42.66	0:21:33	
Between 10 and 15%	0.527	0.57	36.51	0:00:52		
Between 15 and 30%	0	0	0	0:00:00		
<b>Total :</b>	<b>39.978</b>	<b>43.04</b>	<b>36.13</b>	<b>1:06:23</b>		
<b>Total track :</b>	<b>92.89</b>	<b>100 %</b>	<b>22.46</b>	<b>4:08:11</b>		

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**Steep slopes > 10%**

Steep slope	Average point	Average slope	Interval
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**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.835	0:02:47	440	0:10:17	0:10:17	2.835
13.85	0:06:51	948	0:58:40	0:48:23	11.016
20.732	0:01:47	832	1:19:06	0:20:26	6.882
32.506	0:07:13	1258	2:03:57	0:44:51	11.774
37.367	0:57:42 > 10´	1014	2:19:27	0:15:30	4.861
79.644	0:22:50 > 10´	385	4:48:18	2:28:51	42.277
<b>Total :</b> 1:39:10 h					