

Track: VillarArzobispo_Alcublas_Sacenet_Manzanera-track.gpx

Date: 13/02/2015

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 Detected modality = BYC
 IBP index reliability= A

IBP = 144 BYC

Total length	121.794 Km
Analyzed distance	121.794 Km
Lineal distance	0.024 Km

Accumulated climb	2157.9 m
Accumulated descent	2168.49 m
Maximum height	1484.8 m
Minimal height	500.2 m
Climb rate	4.97 %
Descent rate	5.26 %
Positive climb difference per	17.72 m
Negative descent difference per	17.8 m

Total time	6:30:06 h
Time in movement	5:47:32 h
Stopped time	0:42:34 h

Total speed average	18.73 Km/h
Average speed in movement	21.03 Km/h
Maximum held speed	71.52 Km/h

Max slope filter	~30 %
Min. ponts separation	~30 m
Number of points	10802 (cad. 11.28 m)
Significant points	3192 (cad. 38.17 m / 29.55 %)
Aberrant points	100 (0.93 % d. total)

Direction changes per	8.65
Direction changes >5° per	5.22
Accumulated straight stretches	37.681 Km
Straight stretches per	309.38 m
Penalizable slope changes	17
Penalizable slope changes per	0.14

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.091	0.07	6.18	0:00:53	
	Between 10 and 15%	1.575	1.29	9.63	0:09:49	
	Between 5 and 10%	18.209	14.95	13.37	1:21:42	
	Between 1 and 5%	23.54	19.33	16.28	1:26:44	
	Total :	43.414	35.65	14.54	2:59:08	
	Plain					
	Difference of 1%	37.152	30.5	21.25	1:44:55	
	Breakdown descents					
	Between 1 and 5%	18.713	15.36	36.49	0:30:46	
	Between 5 and 10%	21.609	17.74	41.36	0:31:21	
Between 10 and 15%	0.866	0.71	39.48	0:01:19		
Between 15 and 30%	0.04	0.03	47.71	0:00:03		
Total :	41.228	33.85	38.97	1:03:29		
Total track :	121.794	100 %	21.03	5:47:32		

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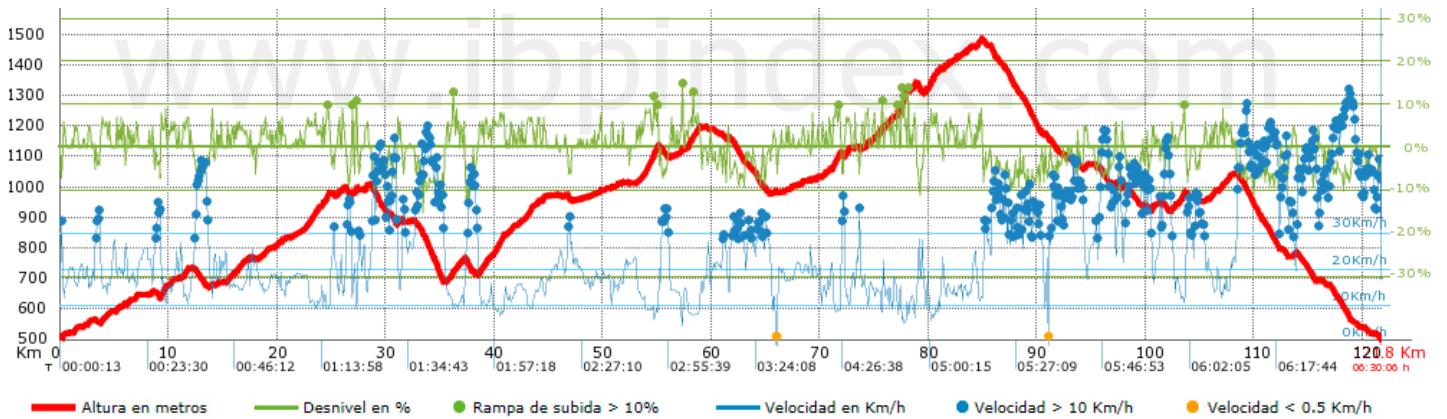
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
65.949	0:37:33 > 10'	986	3:29:00	3:29:00	65.949
90.978	0:05:01	1167	5:33:06	2:04:06	25.029
Total : 0:42:34 h					