

Track: valld\_uixo\_chovar\_eslida\_ain\_aveo\_algimia\_aveo\_ain\_eslida\_chovar\_valld\_uixo.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 124 BYC**

Total length	89.77 Km
Analyzed distance	89.77 Km
Lineal distance	0.01 Km

Accumulated climb	1954.8 m
Accumulated descent	1956.8 m
Maximum height	719 m
Minimal height	127.4 m
Climb rate	5.63 %
Descent rate	5.26 %
Positive climb difference per km	21.78 m
Negative descent difference per km	21.8 m

Total time	5:47:12 h
Time in movement	4:33:39 h
Stopped time	1:13:33 h

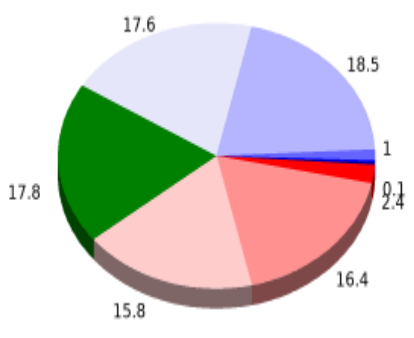
Total speed average	15.51 Km/h
Average speed in movement	19.68 Km/h
Maximum held speed	62.72 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	5382 (cad. 16.68 m)
Significant points	2302 (cad. 39.02 m / 42.77 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	7.92
Direction changes >5° per km	5.76
Accumulated straight stretches	18.618 Km
Straight stretches per km	207.4 m
Penalizable slope changes	20
Penalizable slope changes per km	0.223

Find The Best bike routes



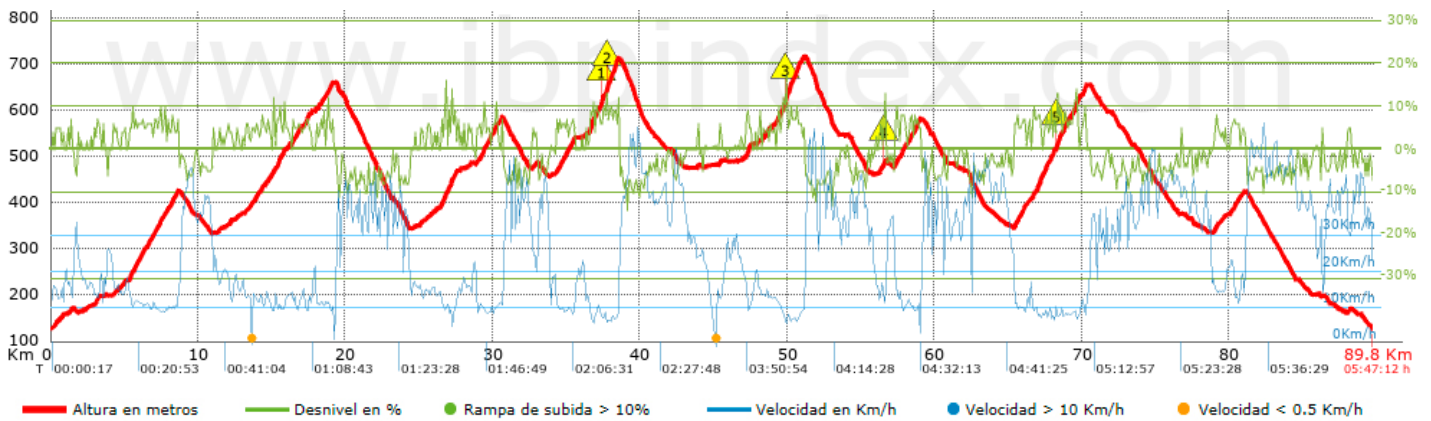
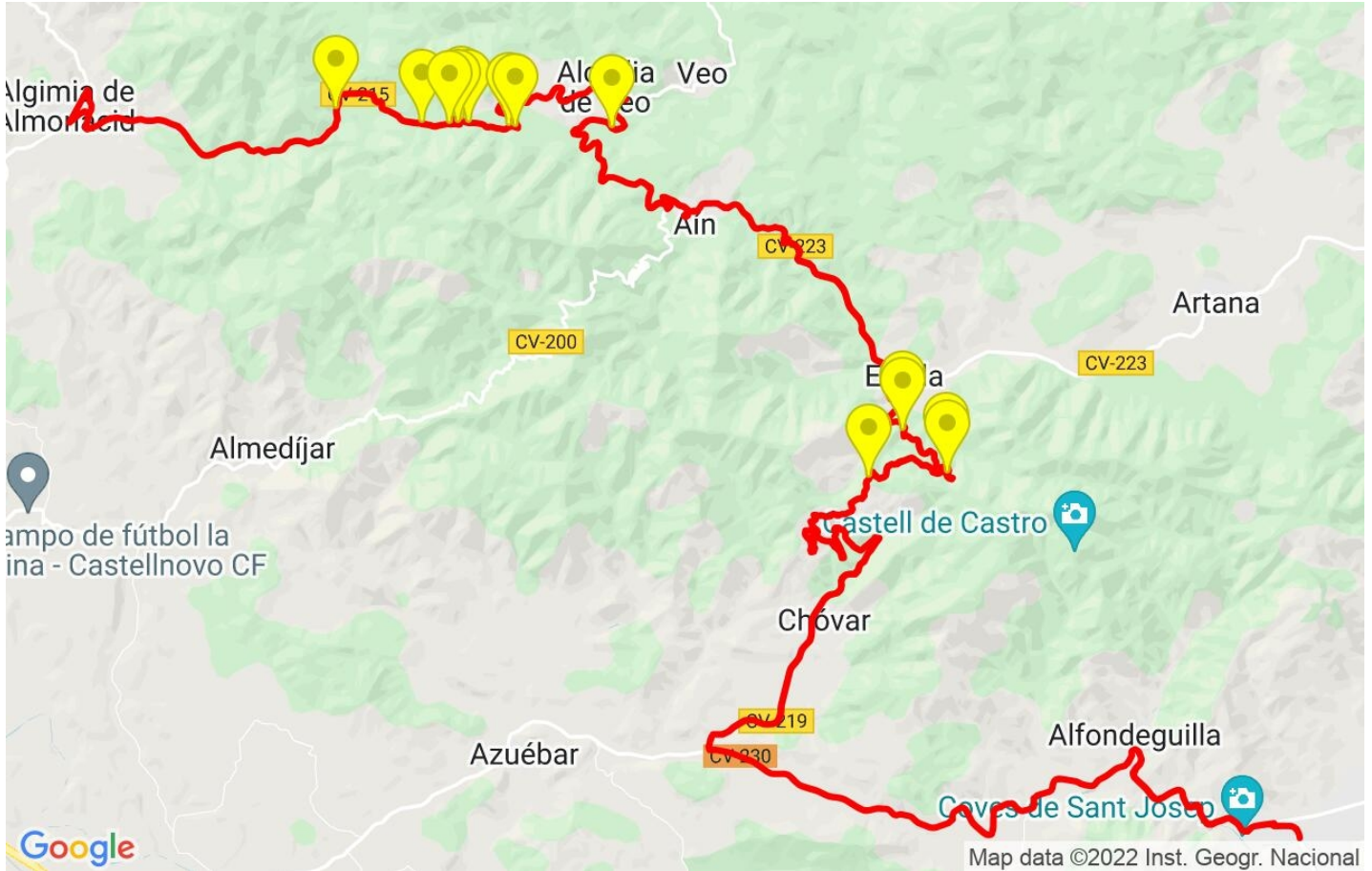
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.072	0.08	8.68	0:00:30
	Between 10 and 15%	2.449	2.73	9.19	0:15:59
	Between 5 and 10%	16.404	18.27	11.56	1:25:08
	Between 1 and 5%	15.805	17.6	14.07	1:07:24
	<b>Total :</b>	<b>34.73</b>	<b>38.69</b>	<b>12.33</b>	<b>2:49:01</b>
	<b>Plain</b>				
	Difference of 1%	17.832	19.86	22.8	0:46:55
	<b>Breakdown descents</b>				
	Between 1 and 5%	17.623	19.63	37.59	0:28:08
	Between 5 and 10%	18.547	20.66	39.98	0:27:50
Between 10 and 15%	1.004	1.12	36.16	0:01:40	
Between 15 and 30%	0.037	0.04	26.81	0:00:05	
<b>Total :</b>	<b>37.212</b>	<b>41.45</b>	<b>38.68</b>	<b>0:57:43</b>	
<b>Total track :</b>	<b>89.77</b>	<b>100 %</b>	<b>19.68</b>	<b>4:33:39</b>	

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**Steep slopes > 10%**

Steep slope	Page point	Average slope	Interval
	49.885	13 %	136 m
	56.581	12 %	103 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
13.597	0:02:07	393	0:47:16	0:47:16	13.597
44.599	1:11:26 > 10´	480	2:33:32	1:46:16	31.003
<b>Total :</b> 1:13:33 h					