

Track: soneja\_chovar\_eslida\_ain\_aveo\_vallalmonacid\_aveo\_ain\_eslida\_chovar\_soneja.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 111 BYC**

Total length	88.26 Km
Analyzed distance	88.26 Km
Lineal distance	0.03 Km

Accumulated climb	1848 m
Accumulated descent	1810.8 m
Maximum height	729.6 m
Minimal height	239.6 m
Climb rate	4.95 %
Descent rate	4.85 %
Positive climb difference per km	20.94 m
Negative descent difference per km	20.52 m

Total time	5:26:52 h
Time in movement	4:36:52 h
Stopped time	0:50:00 h

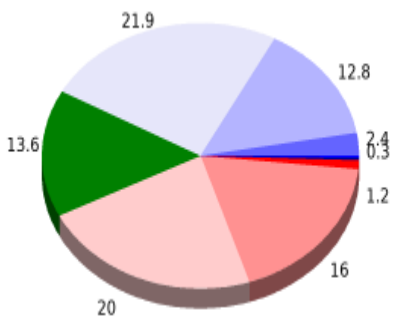
Total speed average	16.2 Km/h
Average speed in movement	19.13 Km/h
Maximum held speed	64.73 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4277 (cad. 20.63 m)
Significant points	2106 (cad. 41.93 m / 49.24 %)
Aberrant points	1 (0.02 % d. total)

Direction changes per km	7.34
Direction changes >5° per km	5.69
Accumulated straight stretches	18.909 Km
Straight stretches per km	214.24 m
Penalizable slope changes	15
Penalizable slope changes per km	0.17

Find The Best bike routes

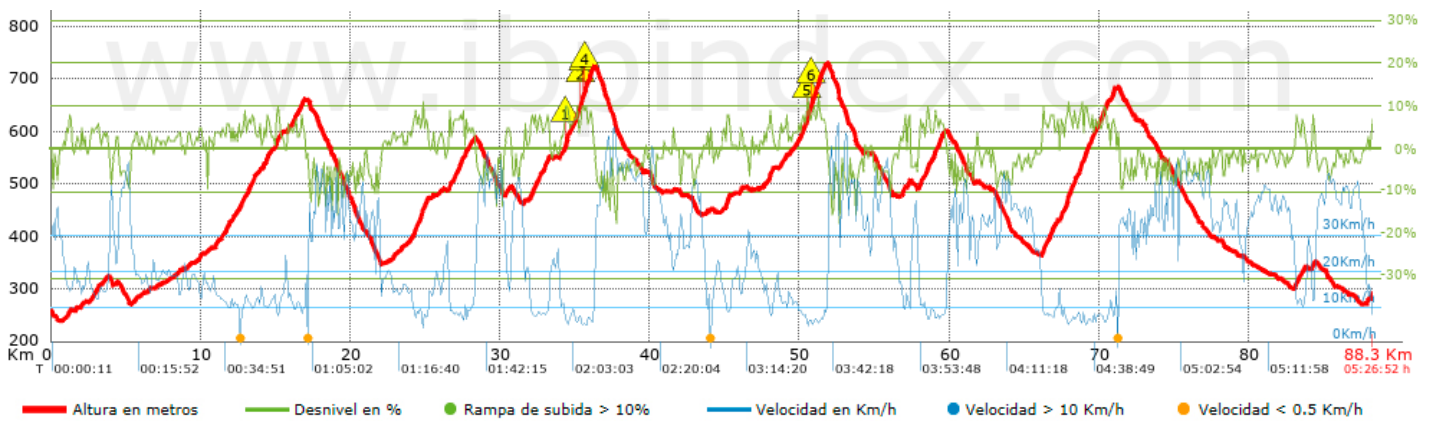


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.042	0.05	18.79	0:00:08
	Between 10 and 15%	1.247	1.41	7.16	0:10:27
	Between 5 and 10%	15.986	18.11	9.89	1:37:01
	Between 1 and 5%	20.032	22.7	15.43	1:17:55
	<b>Total :</b>	<b>37.307</b>	<b>42.27</b>	<b>12.07</b>	<b>3:05:31</b>
	<b>Plain</b>				
	Difference of 1%	13.596	15.41	25.1	0:32:30
	<b>Breakdown descents</b>				
	Between 1 and 5%	21.941	24.86	36.48	0:36:05
	Between 5 and 10%	12.803	14.51	41.45	0:18:32
Between 10 and 15%	2.356	2.67	38.03	0:03:43	
Between 15 and 30%	0.253	0.29	29.43	0:00:31	
<b>Total :</b>	<b>37.352</b>	<b>42.32</b>	<b>38.08</b>	<b>0:58:51</b>	
<b>Total track :</b>	<b>88.26</b>	<b>100 %</b>	<b>19.13</b>	<b>4:36:52</b>	



Track: soneja\_chovar\_eslida\_ain\_aveo\_vallalmonacid\_aveo\_ain\_eslida\_chovar\_soneja.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 111 BYC**


**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	35.41	11 %	136 m
	50.485	12 %	146 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
12.602	0:01:46	453	0:39:33	0:39:33	12.602
17.111	0:02:16	660	1:02:11	0:22:38	4.509
44.03	0:38:40 > 10´	447	2:27:21	1:25:10	26.918
71.201	0:07:18	682	4:48:32	2:21:11	27.171
<b>Total :</b> 0:50:00 h					