

Track: requena\_casario\_campichuelo\_teresa\_caroche\_cofrentes-track.gpx

These speeds are average for = BYC

IBP index reliability= B

**IBP = 178 BYC**

Total length	143.91 Km
Analyzed distance	143.91 Km
Lineal distance	0.03 Km

Accumulated climb	2736.2 m
Accumulated descent	2728.4 m
Maximum height	865.4 m
Minimal height	340.4 m
Climb rate	4.47 %
Descent rate	4.92 %
Positive climb difference per	19.01 m
Negative descent difference per	18.96 m

Total time	8:22:55 h
Time in movement	7:02:41 h
Stopped time	1:20:14 h

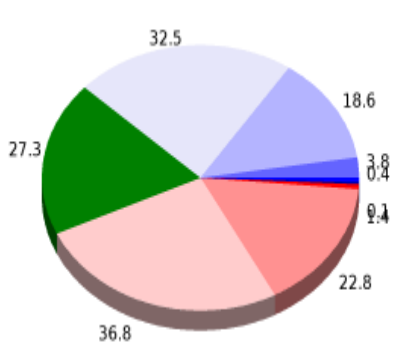
Total speed average	17.17 Km/h
Average speed in movement	20.43 Km/h
Maximum held speed	58.72 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	6244 (cad. 23.05 m)
Significant points	3335 (cad. 43.16 m / 53.41 %)
Aberrant points	3 (0.05 % d. total)

Direction changes per	7.11
Direction changes >5° per	4.36
Accumulated straight stretches	51.477 Km
Straight stretches per	357.7 m
Penalizable slope changes	25
Penalizable slope changes per	0.174

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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.131	0.09	14.72	0:00:32
	Between 10 and 15%	1.401	0.97	10.82	0:07:46
	Between 5 and 10%	22.826	15.86	11.11	2:03:19
	Between 1 and 5%	36.848	25.61	17.3	2:07:48
	<b>Total :</b>	<b>61.206</b>	<b>42.53</b>	<b>14.16</b>	<b>4:19:25</b>
	<b>Plain</b>				
	Difference of 1%	27.288	18.96	25.34	1:04:37
	<b>Breakdown descents</b>				
	Between 1 and 5%	32.526	22.6	31.69	1:01:35
	Between 5 and 10%	18.636	12.95	37.23	0:30:02
Between 10 and 15%	3.81	2.65	35.9	0:06:22	
Between 15 and 30%	0.443	0.31	39.87	0:00:40	
<b>Total :</b>	<b>55.415</b>	<b>38.51</b>	<b>33.7</b>	<b>1:38:39</b>	
<b>Total track :</b>	<b>143.91</b>	<b>100 %</b>	<b>20.43</b>	<b>7:02:41</b>	

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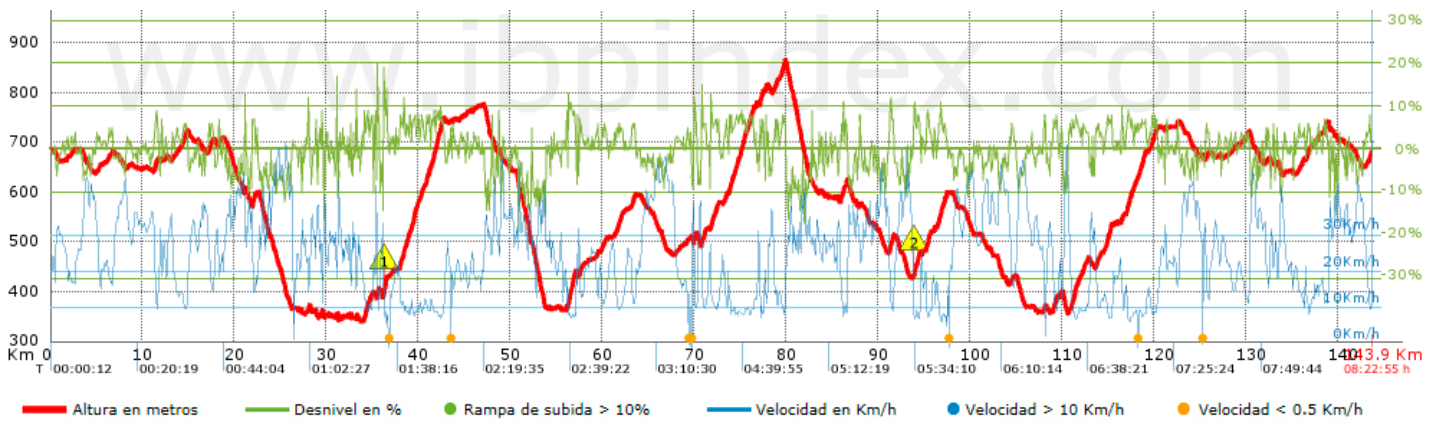
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Google Maps n'a pas fourni de plan pour ce document, se il vous plaît contacter IBP Index

Google Maps no ha proporcionado mapa para este documento, por favor contacta con IBP Index



**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	36.238	14 %	99 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
36.848	0:07:11	432	1:28:17	1:28:17	36.848
69.378	0:01:36	505	3:17:44	1:49:27	32.53
69.577	0:02:51	507	3:19:57	0:02:13 < 10´	0.199
69.735	0:52:27 > 10´	514	3:23:17	0:03:20 < 10´	0.158
97.719	0:07:13	599	5:53:38	2:30:21	27.984
118.253	0:06:19	627	7:02:32	1:08:54	20.534
125.274	0:02:37	674	7:30:45	0:28:13	7.021
<b>Total :</b> 1:20:14 h					