

Track: pego_sagra_fleix_xalo_bernia_benissa_calp_benissa_xalo_sagra_pegopgx

These speeds are average for = BYC

IBP index reliability= B

IBP = 114 BYC

Total length	106.26 Km
Analyzed distance	106.26 Km
Lineal distance	0.01 Km

Accumulated climb	1741.6 m
Accumulated descent	1714 m
Maximum height	622.4 m
Minimal height	13.8 m
Climb rate	4.32 %
Descent rate	3.92 %
Positive climb difference per km	16.39 m
Negative descent difference per km	16.13 m

Total time	6:25:10 h
Time in movement	4:58:26 h
Stopped time	1:26:44 h

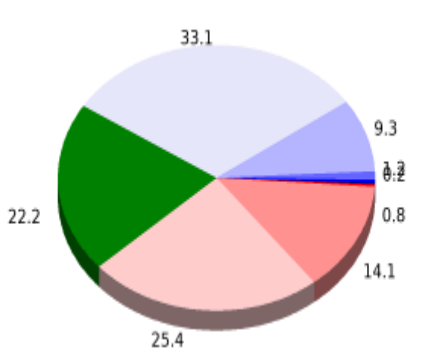
Total speed average	16.55 Km/h
Average speed in movement	21.36 Km/h
Maximum held speed	55.35 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	7336 (cad. 14.48 m)
Significant points	2768 (cad. 38.4 m / 37.73 %)
Aberrant points	3 (0.04 % d. total)

Direction changes per km	9.33
Direction changes >5° per km	5.54
Accumulated straight stretches	28.325 Km
Straight stretches per km	266.56 m
Penalizable slope changes	19
Penalizable slope changes per km	0.179

Find The Best bike routes



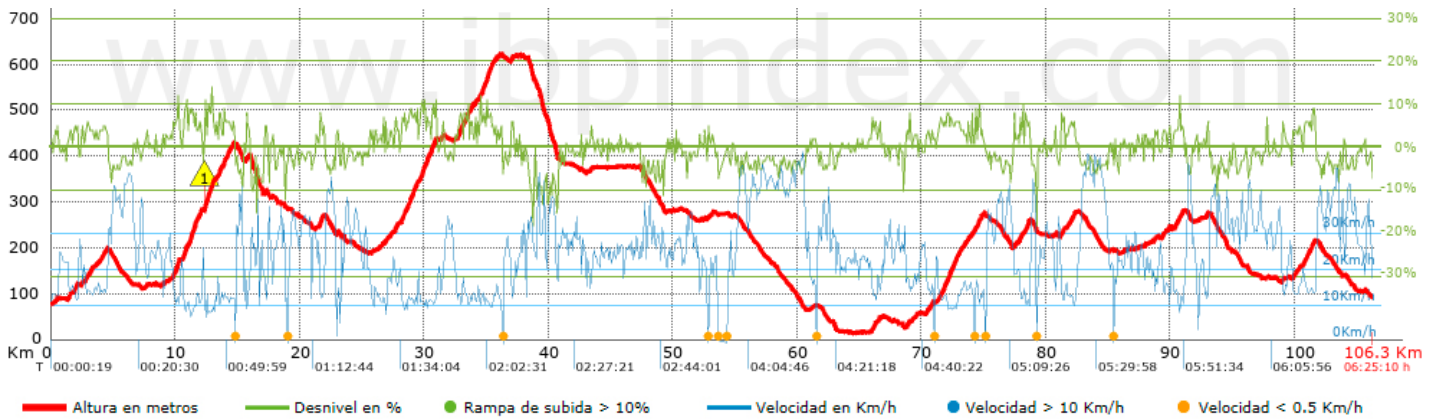
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0	0	0	0:00:00
	Between 10 and 15%	0.778	0.73	10.82	0:04:19
	Between 5 and 10%	14.081	13.25	12.85	1:05:46
	Between 1 and 5%	25.434	23.94	17.15	1:29:00
	Total :	40.293	37.92	15.2	2:39:05
	Plain				
	Difference of 1%	22.21	20.9	25.16	0:52:58
	Breakdown descents				
	Between 1 and 5%	33.137	31.18	30.26	1:05:42
	Between 5 and 10%	9.264	8.72	31.4	0:17:42
Between 10 and 15%	1.182	1.11	26.6	0:02:40	
Between 15 and 30%	0.175	0.16	33.07	0:00:19	
Total :	43.758	41.18	30.39	1:26:23	
Total track :	106.26	100 %	21.36	4:58:26	

Track: pego_sagra_fleix_xalo_bernina_benissa_calp_benissa_xalo_sagra_pegogpx

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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	12.373	13 %	102 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
14.787	0:01:46	431	0:53:18	0:53:18	14.787
18.964	0:02:09	288	1:05:50	0:12:32	4.177
36.256	0:05:16	622	2:08:30	1:02:40	17.292
52.774	0:02:52	263	2:52:29	0:43:59	16.518
53.679	1:02:46 > 10´	272	2:58:52	0:06:23 < 10´	0.905
61.502	0:03:10	73	4:13:35	1:14:43	7.823
70.983	0:01:49	82	4:43:16	0:29:41	9.482
74.242	0:01:57	237	4:58:51	0:15:35	3.259
75.058	0:01:58	276	5:04:05	0:05:14 < 10´	0.816
79.225	0:01:23	242	5:16:20	0:12:15	4.167
85.39	0:01:38	195	5:32:18	0:15:58	6.165
Total : 1:26:44 h					