

Track: onda\_embalsesichar\_lalcora\_lesuseres\_atzeneta\_vilafames\_laspedrizas.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 93 BYC**

Total length	110.2 Km
Analyzed distance	110.2 Km
Lineal distance	0.05 Km

Accumulated climb	1455.6 m
Accumulated descent	1447.2 m
Maximum height	511.6 m
Minimal height	91.2 m
Climb rate	3.67 %
Descent rate	3.67 %
Positive climb difference per km	13.21 m
Negative descent difference per km	13.13 m

Total time	6:16:13 h
Time in movement	4:59:29 h
Stopped time	1:16:44 h

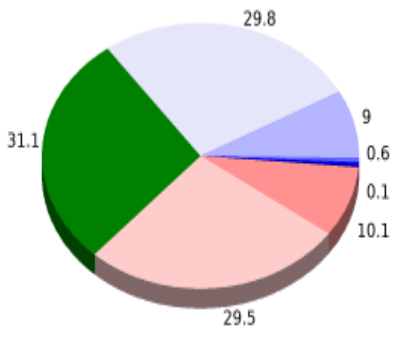
Total speed average	17.57 Km/h
Average speed in movement	22.08 Km/h
Maximum held speed	58.92 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4518 (cad. 24.39 m)
Significant points	2472 (cad. 44.6 m / 54.71 %)
Aberrant points	2 (0.04 % d. total)

Direction changes per km	6.23
Direction changes >5° per km	3.38
Accumulated straight stretches	47.585 Km
Straight stretches per km	431.81 m
Penalizable slope changes	16
Penalizable slope changes per km	0.145

Find The Best bike routes

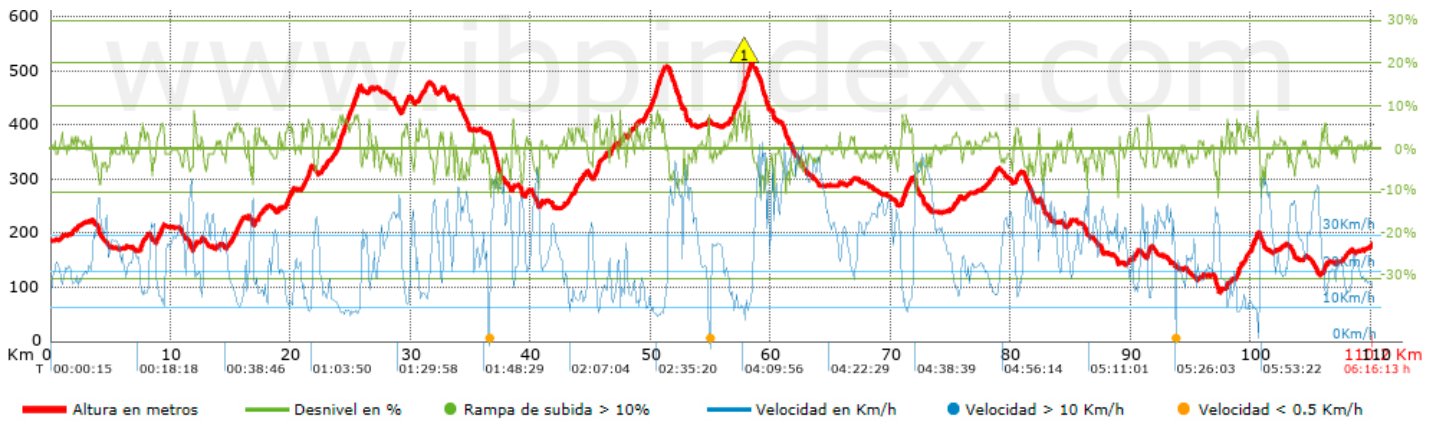


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0	0	0	0:00:00
	Between 10 and 15%	0.106	0.1	8.67	0:00:44
	Between 5 and 10%	10.072	9.14	11.71	0:51:37
	Between 1 and 5%	29.473	26.75	16.78	1:45:23
	<b>Total :</b>	<b>39.651</b>	<b>35.98</b>	<b>15.08</b>	<b>2:37:44</b>
	<b>Plain</b>				
	Difference of 1%	31.111	28.23	25.42	1:13:26
	<b>Breakdown descents</b>				
	Between 1 and 5%	29.842	27.08	33.33	0:53:43
	Between 5 and 10%	8.975	8.14	39.45	0:13:39
Between 10 and 15%	0.618	0.56	39.05	0:00:57	
Between 15 and 30%	0	0	0	0:00:00	
<b>Total :</b>	<b>39.435</b>	<b>35.79</b>	<b>34.63</b>	<b>1:08:19</b>	
<b>Total track :</b>	<b>110.2</b>	<b>100 %</b>	<b>22.08</b>	<b>4:59:29</b>	

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**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	57.768	11 %	106 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
36.472	0:02:56	382	1:50:00	1:50:00	36.472
54.877	1:12:09 > 10´	409	2:48:34	0:58:34	18.406
93.712	0:01:39	139	5:26:16	2:37:42	38.834
<b>Total :</b> 1:16:44 h					