

Track: onda_ayodar_torralba_eltajar_montan_montanejos_vallat_onda.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 113 BYC

Total length	89.22 Km
Analyzed distance	89.22 Km
Lineal distance	0.03 Km

Accumulated climb	1736.6 m
Accumulated descent	1703 m
Maximum height	898.8 m
Minimal height	186.2 m
Climb rate	5.3 %
Descent rate	4.5 %
Positive climb difference per km	19.46 m
Negative descent difference per km	19.09 m

Total time	6:01:42 h
Time in movement	4:40:40 h
Stopped time	1:21:02 h

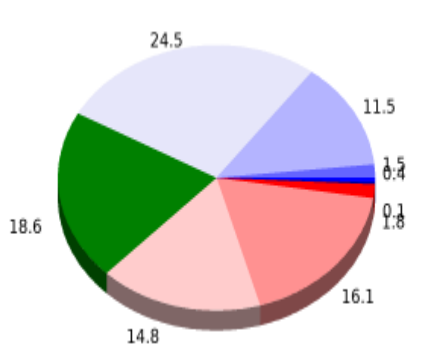
Total speed average	14.8 Km/h
Average speed in movement	19.07 Km/h
Maximum held speed	57.73 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4361 (cad. 20.46 m)
Significant points	2136 (cad. 41.79 m / 48.98 %)
Aberrant points	4 (0.09 % d. total)

Direction changes per km	8.38
Direction changes >5° per km	5.99
Accumulated straight stretches	16.56 Km
Straight stretches per km	185.61 m
Penalizable slope changes	19
Penalizable slope changes per km	0.213

Find The Best bike routes

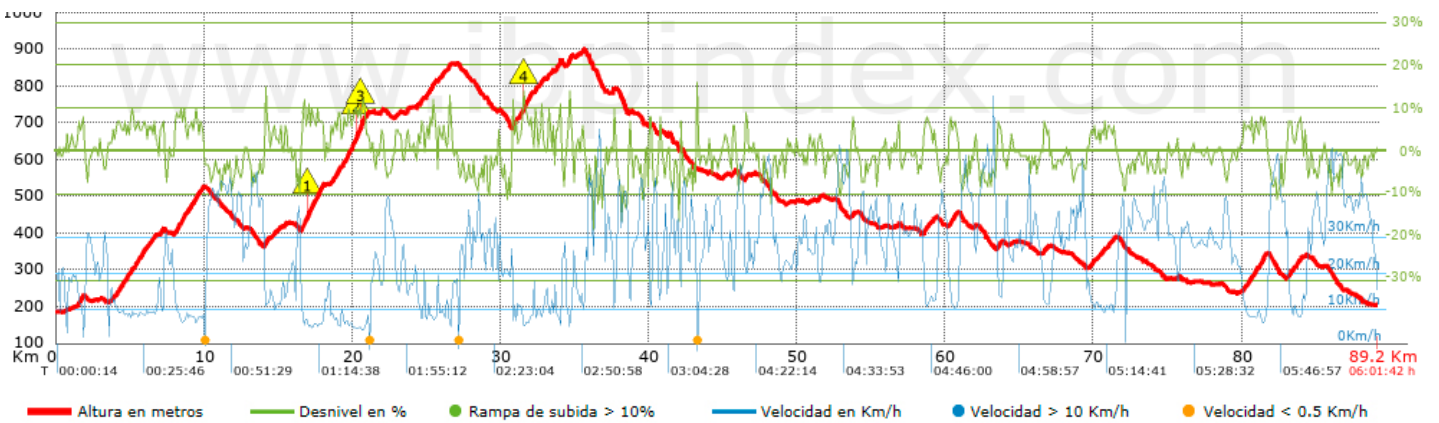
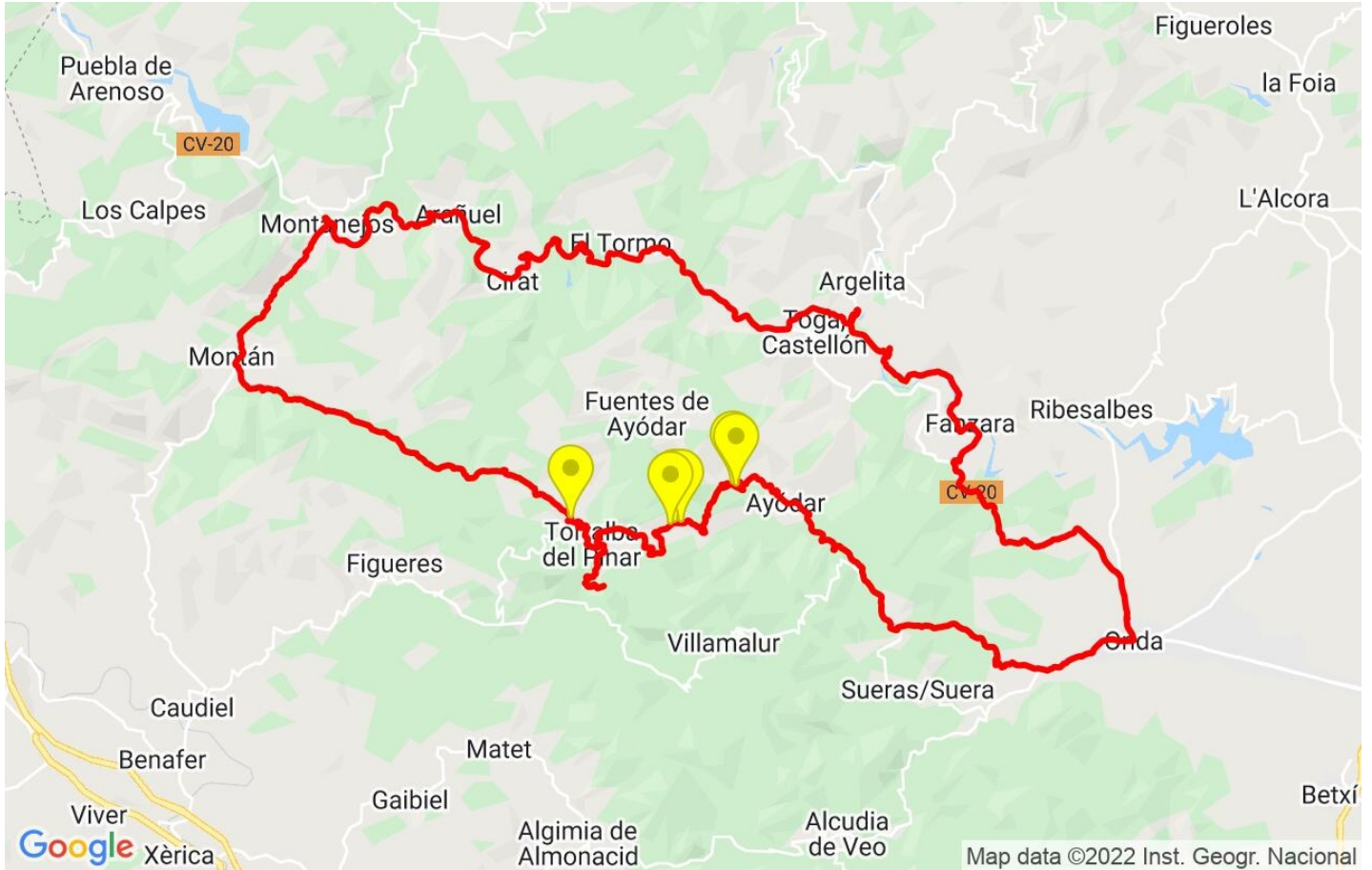


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.122	0.14	19.03	0:00:23
	Between 10 and 15%	1.765	1.98	7.43	0:14:15
	Between 5 and 10%	16.091	18.03	10.05	1:36:03
	Between 1 and 5%	14.808	16.6	14.89	0:59:40
	Total :	32.785	36.75	11.55	2:50:21
	Plain				
	Difference of 1%	18.605	20.85	25.79	0:43:17
	Breakdown descents				
	Between 1 and 5%	24.476	27.43	33.45	0:43:54
	Between 5 and 10%	11.45	12.83	35.23	0:19:30
Between 10 and 15%	1.51	1.69	36.74	0:02:28	
Between 15 and 30%	0.394	0.44	20.28	0:01:10	
Total :	37.83	42.4	33.86	1:07:02	
Total track :	89.22	100 %	19.07	4:40:40	

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Steep slopes > 10%

Steep slope	Page point	Average slope	Interval
 1	16.993	11 %	117 m
 2	31.549	12 %	115 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
10.049	0:01:42	526	0:47:10	0:47:10	10.049
21.119	0:09:15	726	1:39:42	0:52:32	11.071
27.087	0:04:18	860	2:12:34	0:32:52	5.967
43.212	1:05:47 > 10´	569	3:07:48	0:55:14	16.126
Total :	1:21:02 h				