

Track: onda_argelita_lucena_cvillamalefa_argelita.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 108 BYC

Total length	91.77 Km
Analyzed distance	91.77 Km
Lineal distance	0.08 Km

Accumulated climb	1745 m
Accumulated descent	1726.4 m
Maximum height	992.2 m
Minimal height	187.8 m
Climb rate	4.95 %
Descent rate	4.4 %
Positive climb difference per km	19.01 m
Negative descent difference per km	18.81 m

Total time	5:11:59 h
Time in movement	4:36:59 h
Stopped time	0:35:00 h

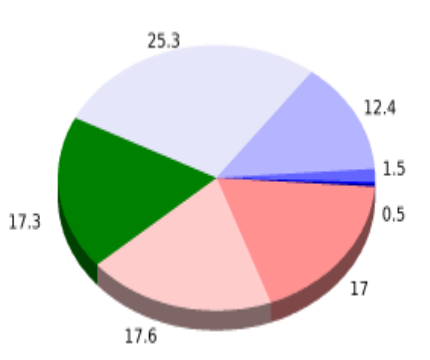
Total speed average	17.65 Km/h
Average speed in movement	19.88 Km/h
Maximum held speed	60.11 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4406 (cad. 20.83 m)
Significant points	2185 (cad. 42.02 m / 49.59 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	8
Direction changes >5° per km	6.32
Accumulated straight stretches	17.966 Km
Straight stretches per km	195.77 m
Penalizable slope changes	17
Penalizable slope changes per km	0.185

Find The Best bike routes



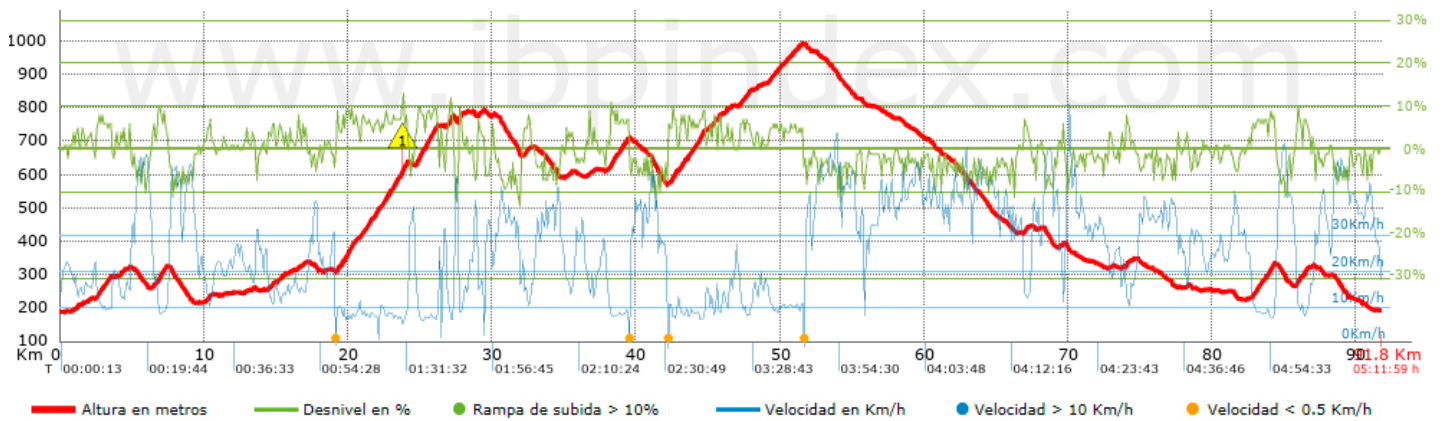
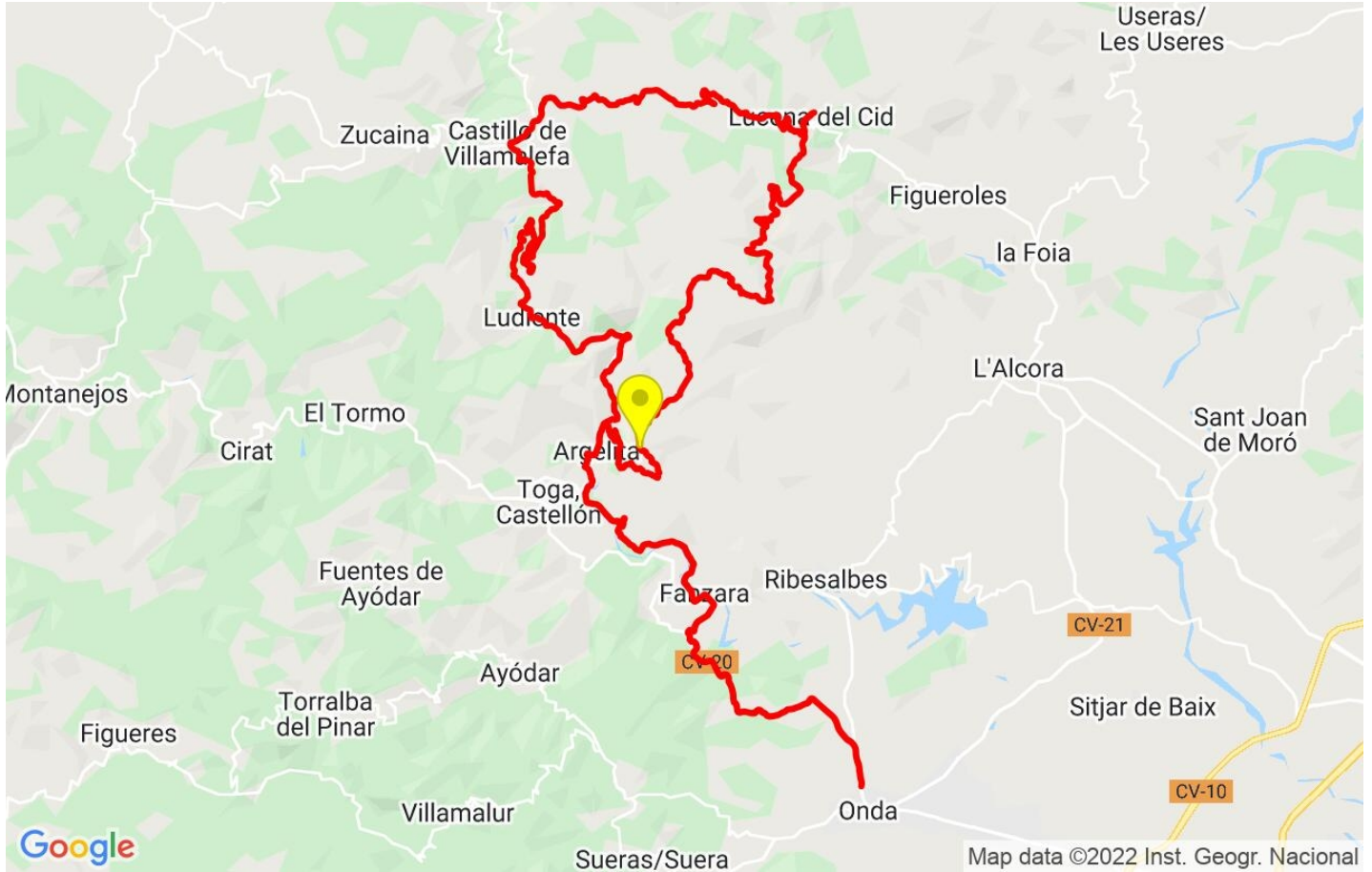
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.033	0.04	10.83	0:00:11
	Between 10 and 15%	0.503	0.55	8.79	0:03:26
	Between 5 and 10%	17.049	18.58	10.3	1:39:18
	Between 1 and 5%	17.633	19.21	15.09	1:10:06
	Total :	35.217	38.38	12.21	2:53:01
	Plain				
	Difference of 1%	17.326	18.88	25.63	0:40:34
	Breakdown descents				
	Between 1 and 5%	25.271	27.54	35.54	0:42:40
	Between 5 and 10%	12.386	13.5	41.06	0:18:06
Between 10 and 15%	1.533	1.67	36.55	0:02:31	
Between 15 and 30%	0.035	0.04	18.1	0:00:07	
Total :	39.225	42.74	37.12	1:03:24	
Total track :	91.77	100 %	19.88	4:36:59	

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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	23.809	11 %	98 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
19.093	0:03:09	309	0:56:58	0:56:58	19.093
42.156	0:25:50 > 10´	569	2:31:06	1:34:08	23.063
51.643	0:06:01	992	3:45:12	1:14:06	9.487
Total : 0:35:00 h					