

Track: Marcha Montsec Montsec 2014-track.gpx

Date: 13/02/2015

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Detected modality = BYC

IBP index reliability= A

**IBP = 224 BYC**

Total length	189.217 Km
Analyzed distance	189.217 Km
Lineal distance	0.042 Km

Accumulated climb	3371 m
Accumulated descent	3360.4 m
Maximum height	1083.8 m
Minimal height	204 m
Climb rate	4.91 %
Descent rate	5.03 %
Positive climb difference per	17.82 m
Negative descent difference per	17.76 m

Total time	7:15:47 h
Time in movement	7:15:47 h
Stopped time	0:00:00 h

Total speed average	26.05 Km/h
Average speed in movement	26.05 Km/h
Maximum held speed	74.11 Km/h

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	15603 (cad. 12.13 m)
Significant points	4784 (cad. 39.56 m / 30.66 %)
Aberrant points	21 (0.13 % d. total)

Direction changes per	7.44
Direction changes >5° per	3.83
Accumulated straight stretches	65.338 Km
Straight stretches per	345.31 m
Penalizable slope changes	27
Penalizable slope changes per	0.143

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	1.358	0.72	9.66	0:08:26	
	Between 5 and 10%	32.511	17.18	16.07	2:01:25	
	Between 1 and 5%	34.721	18.35	19.57	1:46:28	
	<b>Total :</b>	<b>68.591</b>	<b>36.25</b>	<b>17.41</b>	<b>3:56:19</b>	
	<b>Plain</b>					
	Difference of 1%	53.885	28.48	29.58	1:49:18	
	<b>Breakdown descents</b>					
	Between 1 and 5%	33.9	17.92	42.79	0:47:32	
	Between 5 and 10%	31.62	16.71	46.39	0:40:54	
Between 10 and 15%	1.189	0.63	42.37	0:01:41		
Between 15 and 30%	0.033	0.02	39.92	0:00:03		
<b>Total :</b>	<b>66.742</b>	<b>35.27</b>	<b>44.41</b>	<b>1:30:10</b>		
<b>Total track :</b>	<b>189.217</b>	<b>100 %</b>	<b>26.05</b>	<b>7:15:47</b>		

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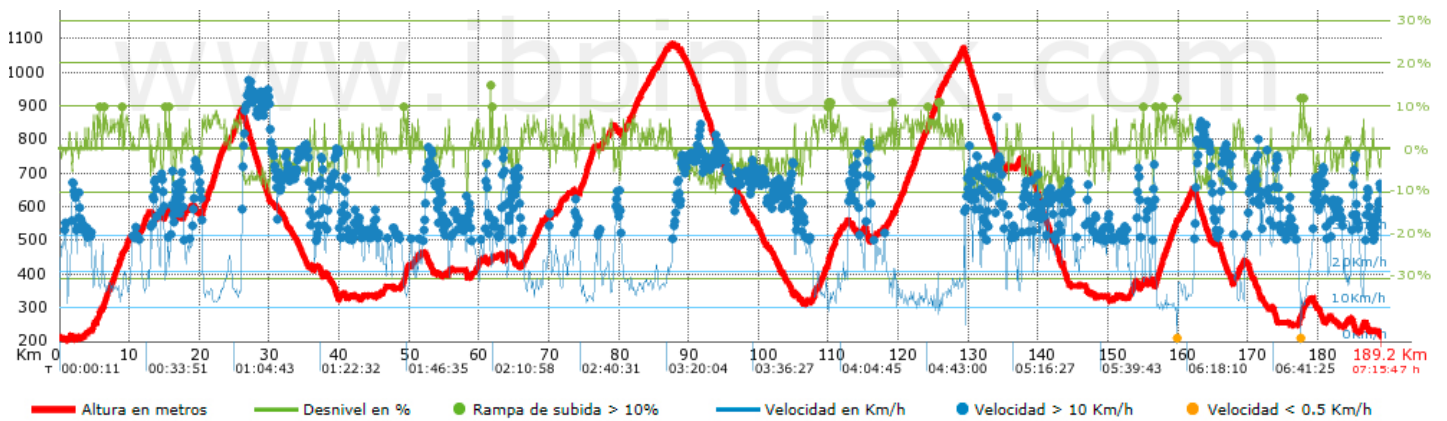
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
	Total : 0:00:00 h				