

Track: Macastre_Muela_Cortes_Chirel_Portera-track.gpx

Date: 13/02/2015

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Detected modality = BYC

IBP index reliability= A

IBP = 154 BYC

Total length	111.874 Km
Analyzed distance	111.874 Km
Lineal distance	0.085 Km

Accumulated climb	2276 m
Accumulated descent	2270.2 m
Maximum height	735 m
Minimal height	279 m
Climb rate	5.85 %
Descent rate	5.34 %
Positive climb difference per	20.34 m
Negative descent difference per	20.29 m

Total time	6:57:31 h
Time in movement	5:55:04 h
Stopped time	1:02:27 h

Total speed average	16.08 Km/h
Average speed in movement	18.9 Km/h
Maximum held speed	62.88 Km/h

Max slope filter	~30 %
Min. pons separation	~30 m
Number of points	11136 (cad. 10.05 m)
Significant points	2979 (cad. 37.57 m / 26.75 %)
Aberrant points	241 (2.16 % d. total)

Direction changes per	9.11
Direction changes >5° per	4.73
Accumulated straight stretches	39.522 Km
Straight stretches per	353.27 m
Penalizable slope changes	25
Penalizable slope changes per	0.223

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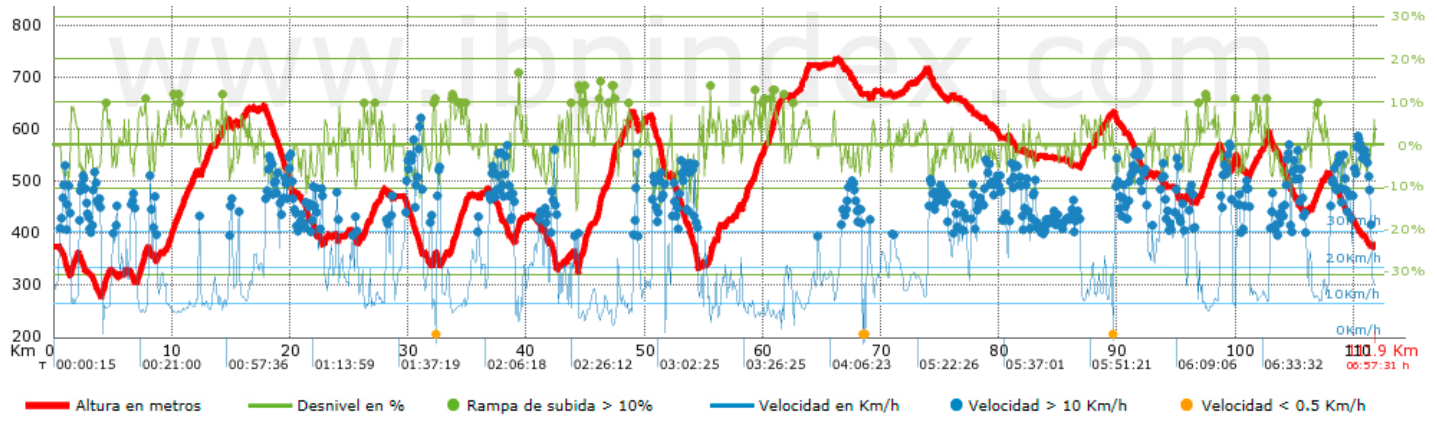
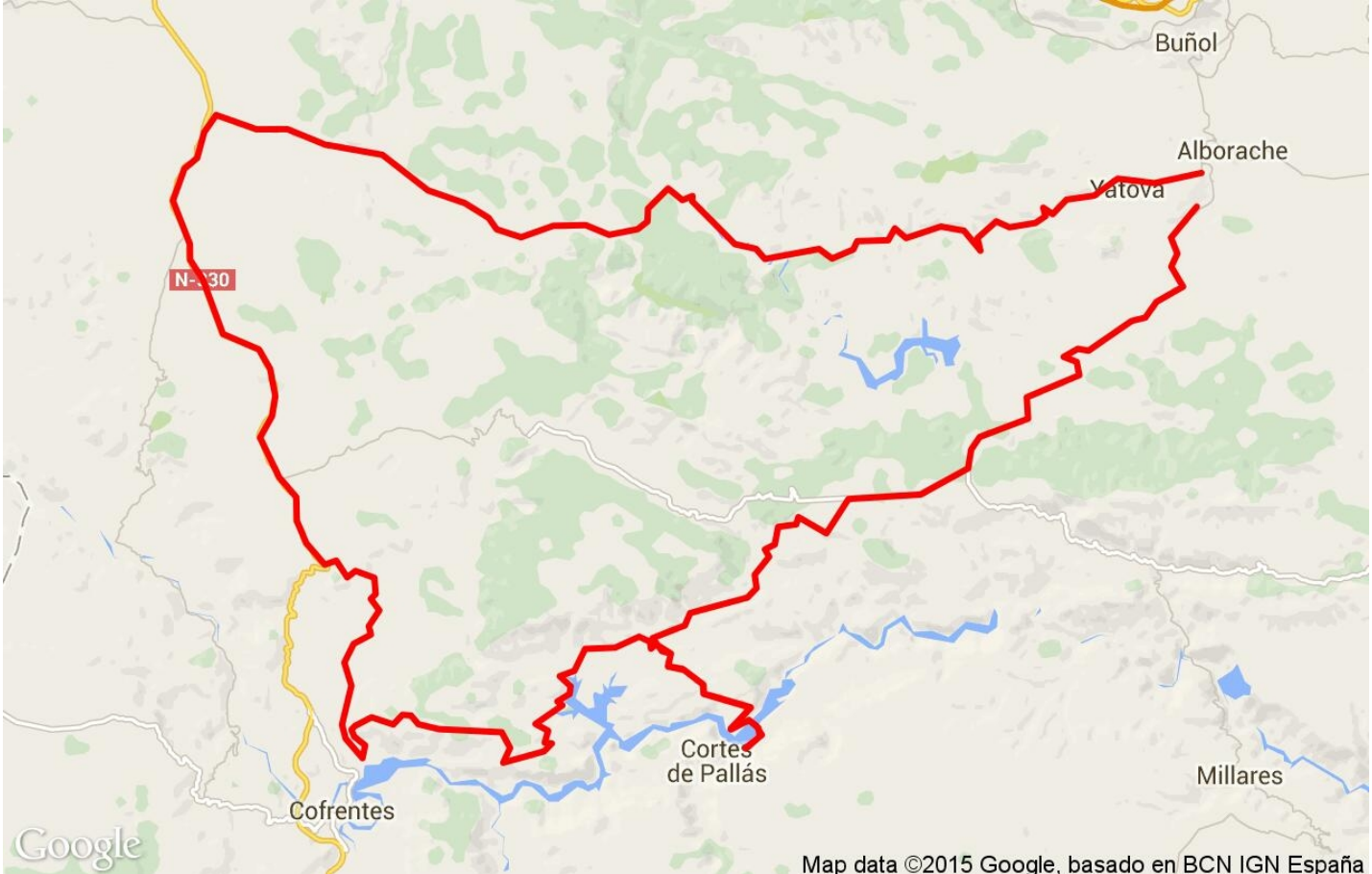
Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.273	0.24	6.34	0:02:35
	Between 10 and 15%	3.495	3.12	8.87	0:23:39
	Between 5 and 10%	18.968	16.95	11.22	1:41:25
	Between 1 and 5%	16.203	14.48	13.35	1:12:48
	Total :	38.938	34.81	11.66	3:20:27
	Plain				
	Difference of 1%	30.406	27.18	21.07	1:26:36
	Breakdown descents				
	Between 1 and 5%	19.69	17.6	35.91	0:32:54
	Between 5 and 10%	20.71	18.51	39.16	0:31:44
Between 10 and 15%	1.957	1.75	38.91	0:03:01	
Between 15 and 30%	0.173	0.16	28.38	0:00:22	
Total :	42.53	38.02	37.52	1:08:01	
Total track :	111.874	100 %	18.9	5:55:04	

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
32.297	0:06:01	360	1:43:55	1:43:55	32.297	
68.4	0:53:45 > 10'	669	4:12:07	2:28:12	36.103	
68.639	0:02:41	667	5:06:33	0:54:26	0.24	

Total : 1:02:27 h