

Track: Liria\_Al cublas\_LaBellida\_Montmayor\_PAguila-track.gpx

Date: 13/02/2015

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 Detected modality = BYC  
 IBP index reliability= A

**IBP = 117 BYC**

Total length	105.918 Km
Analyzed distance	105.918 Km
Lineal distance	0.031 Km

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	9213 (cad. 11.5 m)
Significant points	2703 (cad. 39.2 m / 29.34 %)
Aberrant points	54 (0.59 % d. total)

Accumulated climb	1784.4 m
Accumulated descent	1773 m
Maximum height	1256 m
Minimal height	169.4 m
Climb rate	4.98 %
Descent rate	4.77 %
Positive climb difference per	16.85 m
Negative descent difference per	16.74 m

Direction changes per	8.37
Direction changes >5° per	4.53
Accumulated straight stretches	38.534 Km
Straight stretches per	363.81 m
Penalizable slope changes	13
Penalizable slope changes per	0.123

Total time	5:55:27 h
Time in movement	5:10:26 h
Stopped time	0:45:01 h

Total speed average	17.88 Km/h
Average speed in movement	20.47 Km/h
Maximum held speed	60.15 Km/h

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	0.919	0.87	8.85	0:06:14	
	Between 5 and 10%	16.98	16.03	11.52	1:28:27	
	Between 1 and 5%	17.945	16.94	14.6	1:13:45	
	<b>Total :</b>	<b>35.844</b>	<b>33.84</b>	<b>12.77</b>	<b>2:48:26</b>	
	<b>Plain</b>					
	Difference of 1%	32.932	31.09	23.3	1:24:49	
	<b>Breakdown descents</b>					
	Between 1 and 5%	19.784	18.68	38.9	0:30:31	
	Between 5 and 10%	17.099	16.14	39.21	0:26:10	
Between 10 and 15%	0.23	0.22	29.56	0:00:28		
Between 15 and 30%	0.029	0.03	52.47	0:00:02		
<b>Total :</b>	<b>37.142</b>	<b>35.07</b>	<b>38.97</b>	<b>0:57:11</b>		
<b>Total track :</b>	<b>105.918</b>	<b>100 %</b>	<b>20.47</b>	<b>5:10:26</b>		

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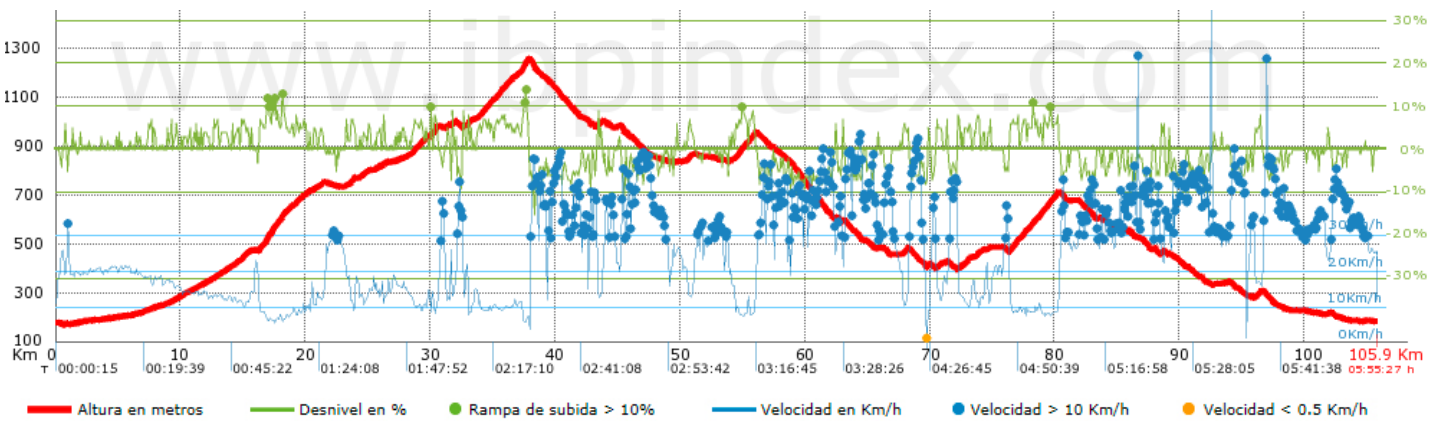
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total :	0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
69.673	0:45:01 > 10'	410	3:40:08	3:40:08	69.673
Total : 0:45:01 h					