

Track: LaPortera_Cofrentes_EIOro_VGaeta-track.gpx

Date: 13/02/2015

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 Detected modality = BYC
 IBP index reliability= A

IBP = 135 BYC

Total length	96.826 Km
Analyzed distance	96.826 Km
Lineal distance	0.048 Km
Accumulated climb	1835 m
Accumulated descent	1831 m
Maximum height	746.4 m
Minimal height	323.6 m
Climb rate	6.55 %
Descent rate	5.17 %
Positive climb difference per	18.95 m
Negative descent difference per	18.91 m

Max slope filter	~30 %
Min. pons separation	~30 m
Number of points	16863 (cad. 5.74 m)
Significant points	2914 (cad. 33.24 m / 17.28 %)
Aberrant points	339 (2.01 % d. total)

Direction changes per	9.86
Direction changes >5° per	5.19
Accumulated straight stretches	31.548 Km
Straight stretches per	325.82 m
Penalizable slope changes	19
Penalizable slope changes per	0.196

Total time	4:47:18 h
Time in movement	4:47:18 h
Stopped time	0:00:00 h

Total speed average	20.22 Km/h
Average speed in movement	20.22 Km/h
Maximum held speed	23.2 Km/h

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.445	0.46	20.8	0:01:17	
	Between 10 and 15%	3.29	3.4	20.28	0:09:44	
	Between 5 and 10%	16.148	16.68	20.23	0:47:54	
	Between 1 and 5%	8.121	8.39	20.19	0:24:08	
	Total :	28.004	28.92	20.23	1:23:03	
	Plain					
	Difference of 1%	33.389	34.48	20.21	1:39:09	
	Breakdown descents					
	Between 1 and 5%	17.535	18.11	20.18	0:52:08	
	Between 5 and 10%	16.723	17.27	20.28	0:49:29	
Between 10 and 15%	1.017	1.05	20.23	0:03:01		
Between 15 and 30%	0.158	0.16	20.33	0:00:28		
Total :	35.433	36.59	20.23	1:45:06		
Total track :	96.826	100 %	20.22	4:47:18		

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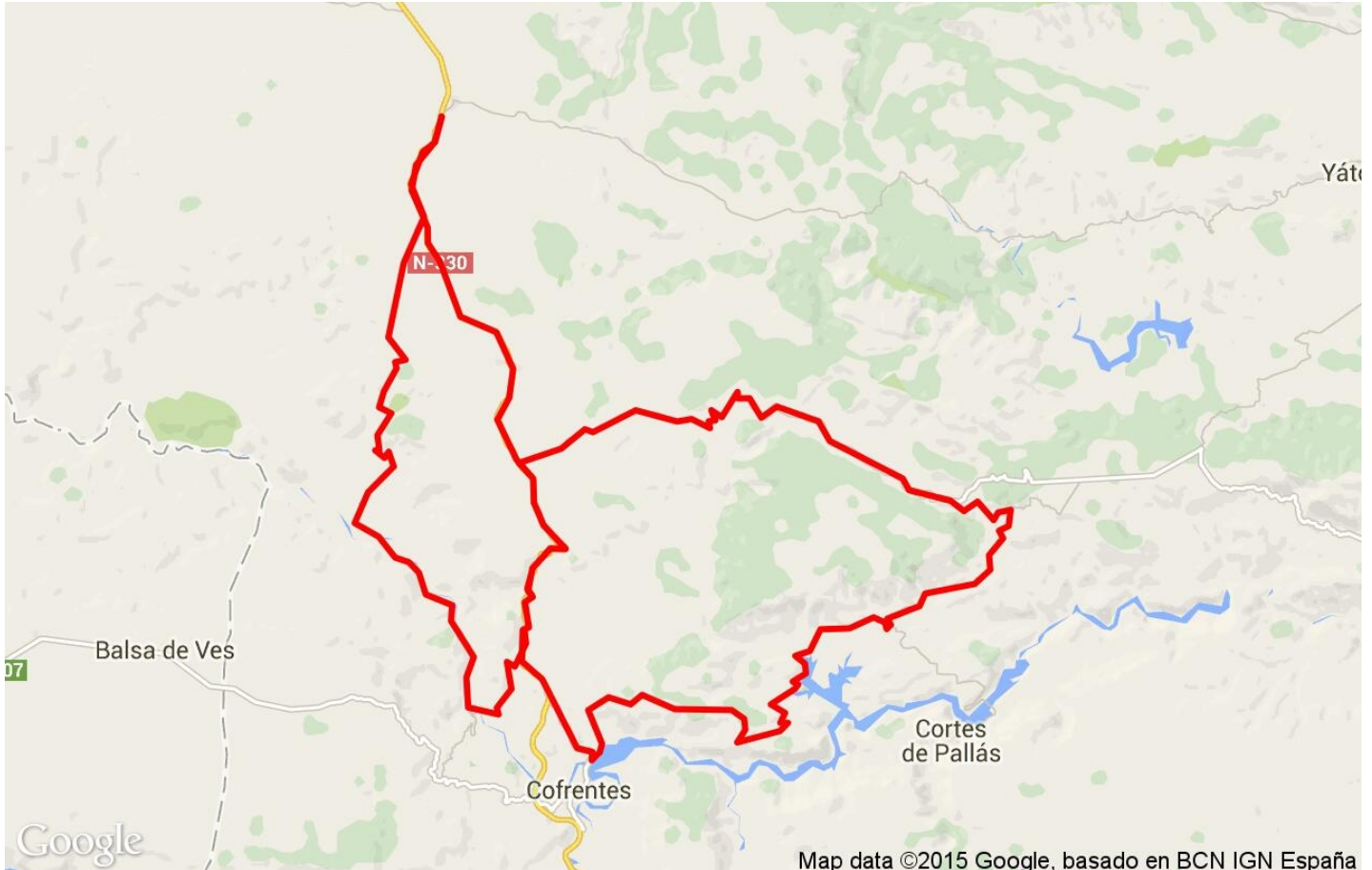
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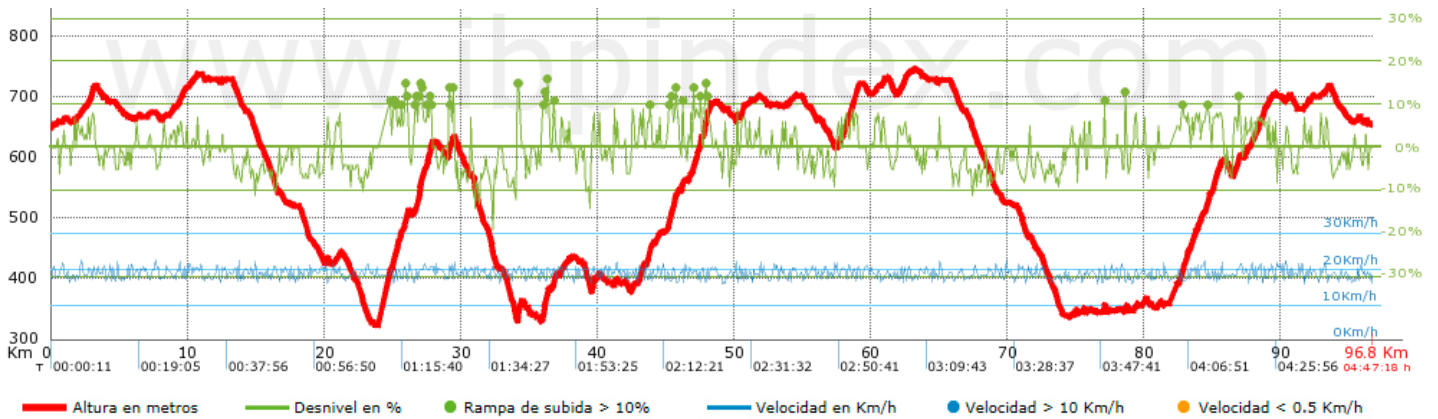
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Map data ©2015 Google, basado en BCN IGN España



High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
Total : 0:00:00 h					