

Track: cabanes_sengarceran_lamina_adzaneta_xodos-track.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 166 BYC

Total length	135 Km
Analyzed distance	135 Km
Lineal distance	0.16 Km

Accumulated climb	2770.65 m
Accumulated descent	2764.85 m
Maximum height	1073.2 m
Minimal height	257.2 m
Climb rate	4.89 %
Descent rate	4.95 %
Positive climb difference per	20.52 m
Negative descent difference per	20.48 m

Total time	8:15:42 h
Time in movement	6:58:01 h
Stopped time	1:17:41 h

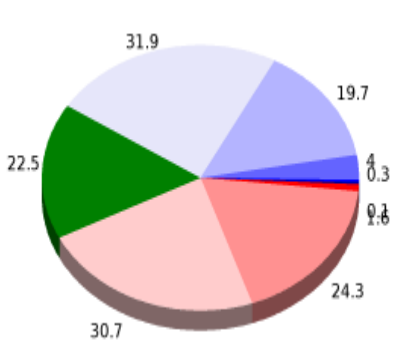
Total speed average	16.34 Km/h
Average speed in movement	19.38 Km/h
Maximum held speed	62.23 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	6033 (cad. 22.38 m)
Significant points	3127 (cad. 43.19 m / 51.83 %)
Aberrant points	2 (0.03 % d. total)

Direction changes per	6.38
Direction changes >5° per	3.22
Accumulated straight stretches	60.095 Km
Straight stretches per	445.15 m
Penalizable slope changes	25
Penalizable slope changes per	0.185

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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.096	0.07	11.95	0:00:29
	Between 10 and 15%	1.632	1.21	7.72	0:12:41
	Between 5 and 10%	24.288	17.99	9.95	2:26:25
	Between 1 and 5%	30.677	22.72	16.15	1:53:59
	Total :	56.692	41.99	12.43	4:33:34
	Plain				
	Difference of 1%	22.463	16.64	24.65	0:54:40
	Breakdown descents				
	Between 1 and 5%	31.929	23.65	35.91	0:53:21
	Between 5 and 10%	19.657	14.56	39.85	0:29:36
Between 10 and 15%	3.976	2.94	36.79	0:06:29	
Between 15 and 30%	0.282	0.21	48.32	0:00:21	
Total :	55.844	41.37	37.32	1:29:47	
Total track :	135	100 %	19.38	6:58:01	

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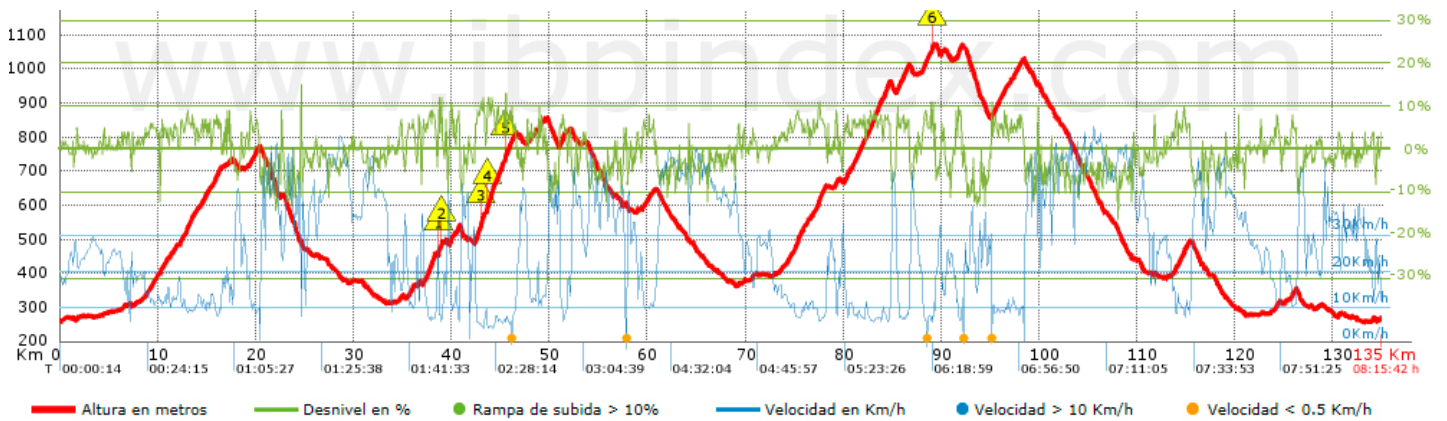
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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	38.67	14 %	118 m
	38.932	13 %	98 m
	45.465	12 %	117 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
46.122	0:01:36	784	2:40:19	2:40:19	46.122
57.815	1:07:19 > 10´	603	3:12:06	0:31:47	11.692
88.493	0:05:35	1024	6:09:44	2:57:38	30.678
92.217	0:01:38	1066	6:31:15	0:21:31	3.724
95.127	0:01:33	858	6:39:43	0:08:28 < 10´	2.91
Total : 1:17:41 h					