

Track: Cabanes_Engarceran_Culla_Sarratella-track.gpx

Date: 13/02/2015

Track: Cabanes_Engarceran_Culla_Sarratella-track.gpx
 Detected modality = BYC
 IBP index reliability= A

IBP = 118 BYC

Total length	103.905 Km
Analyzed distance	103.905 Km
Lineal distance	0.026 Km
Accumulated climb	1773.4 m
Accumulated descent	1769 m
Maximum height	878.2 m
Minimal height	262.4 m
Climb rate	5.33 %
Descent rate	5.04 %
Positive climb difference per	17.07 m
Negative descent difference per	17.03 m

Max slope filter	~30 %
Min. ponts separation	~30 m
Number of points	9164 (cad. 11.34 m)
Significant points	2601 (cad. 39.96 m / 28.38 %)
Aberrant points	95 (1.04 % d. total)

Direction changes per	8.42
Direction changes >5° per	3.49
Accumulated straight stretches	47.985 Km
Straight stretches per	461.82 m
Penalizable slope changes	15
Penalizable slope changes per	0.144

Total time	6:04:45 h
Time in movement	5:02:13 h
Stopped time	1:02:32 h

Total speed average	17.09 Km/h
Average speed in movement	20.63 Km/h
Maximum held speed	67.9 Km/h

Find The Best bike routes



Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	2.406	2.32	8.32	0:17:21	
	Between 5 and 10%	14.432	13.89	11.33	1:16:27	
	Between 1 and 5%	16.431	15.81	16.22	1:00:46	
	Total :	33.269	32.02	12.91	2:34:34	
	Plain					
	Difference of 1%	35.57	34.23	24.17	1:28:19	
	Breakdown descents					
	Between 1 and 5%	19.173	18.45	32.93	0:34:56	
	Between 5 and 10%	14.285	13.75	39.47	0:21:43	
Between 10 and 15%	1.545	1.49	38.1	0:02:26		
Between 15 and 30%	0.062	0.06	15	0:00:15		
Total :	35.065	33.75	35.46	0:59:20		
Total track :	103.905	100 %	20.63	5:02:13		

Track: Cabanes_Engarceran_Culla_Serratella-track.gpx

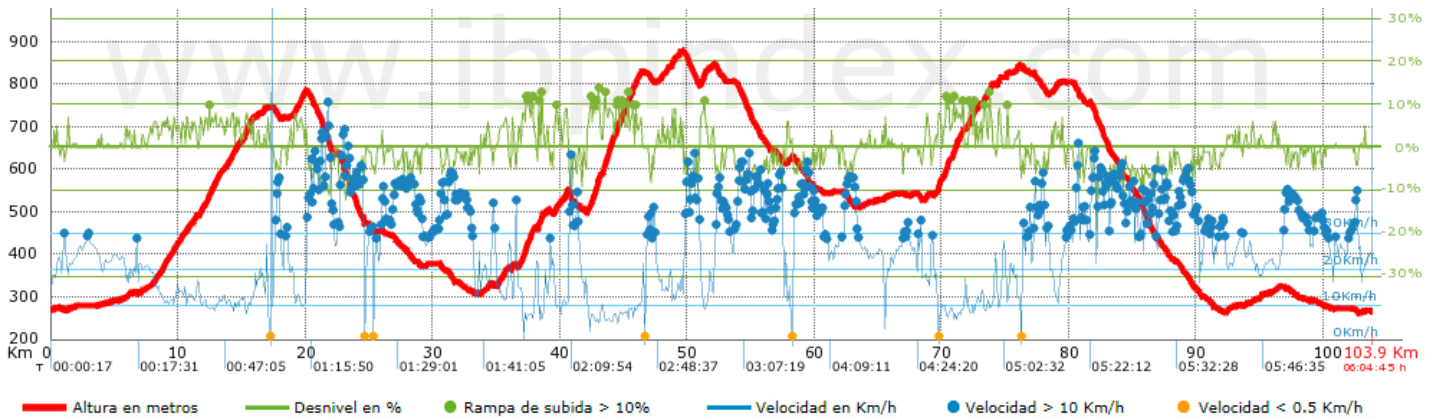
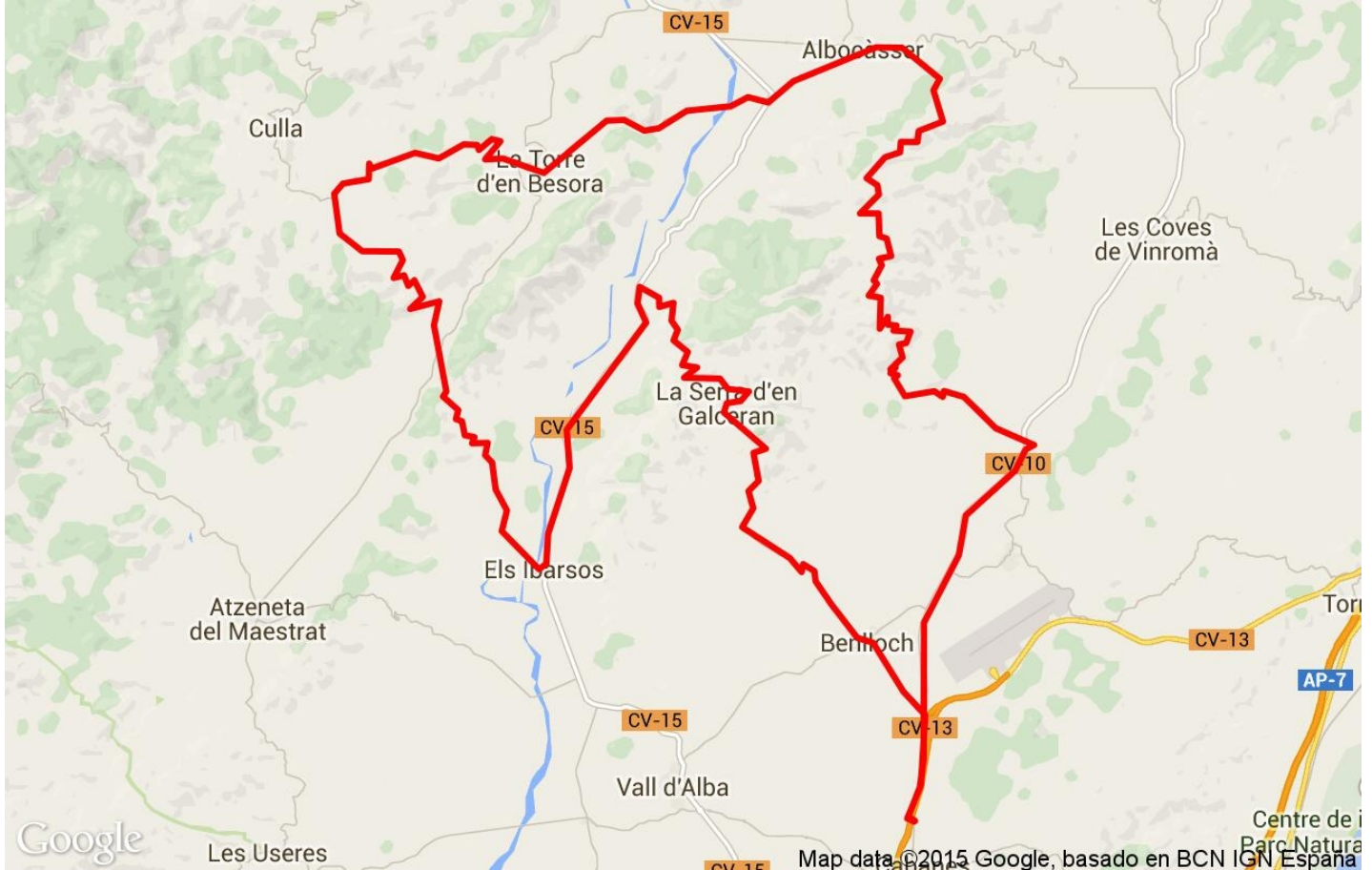
Date: 13/02/2015

Track: Cabanes_Engarceran_Culla_Serratella-track.gpx

Detected modality = BYC

IBP index reliability= A

IBP = 118 BYC



High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
17.065	0:04:00	745	1:02:13	1:02:13	17.065	
46.606	0:02:56	830	2:43:22	1:41:09	29.541	
58.127	0:48:57 > 10'	625	3:15:28	0:32:06	11.521	

69.695	0:02:51	550	4:28:58	1:13:30	11.568
76.157	0:03:48	844	5:06:48	0:37:50	6.462
Total : 1:02:32 h					