

Track: bu_ol_sieteaguas_requena_losedrones_lachufa_bu_ol.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 95 BYC

Total length	99.48 Km
Analyzed distance	99.48 Km
Lineal distance	0.02 Km

Accumulated climb	1542.2 m
Accumulated descent	1533.4 m
Maximum height	768.4 m
Minimal height	277 m
Climb rate	4.15 %
Descent rate	4 %
Positive climb difference per km	15.5 m
Negative descent difference per km	15.41 m

Total time	5:53:39 h
Time in movement	4:33:45 h
Stopped time	1:19:54 h

Total speed average	16.88 Km/h
Average speed in movement	21.8 Km/h
Maximum held speed	64.82 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4166 (cad. 23.88 m)
Significant points	2270 (cad. 43.84 m / 54.49 %)
Aberrant points	1 (0.02 % d. total)

Direction changes per km	6.97
Direction changes >5° per km	3.47
Accumulated straight stretches	44.754 Km
Straight stretches per km	449.88 m
Penalizable slope changes	17
Penalizable slope changes per km	0.171

Find The Best bike routes

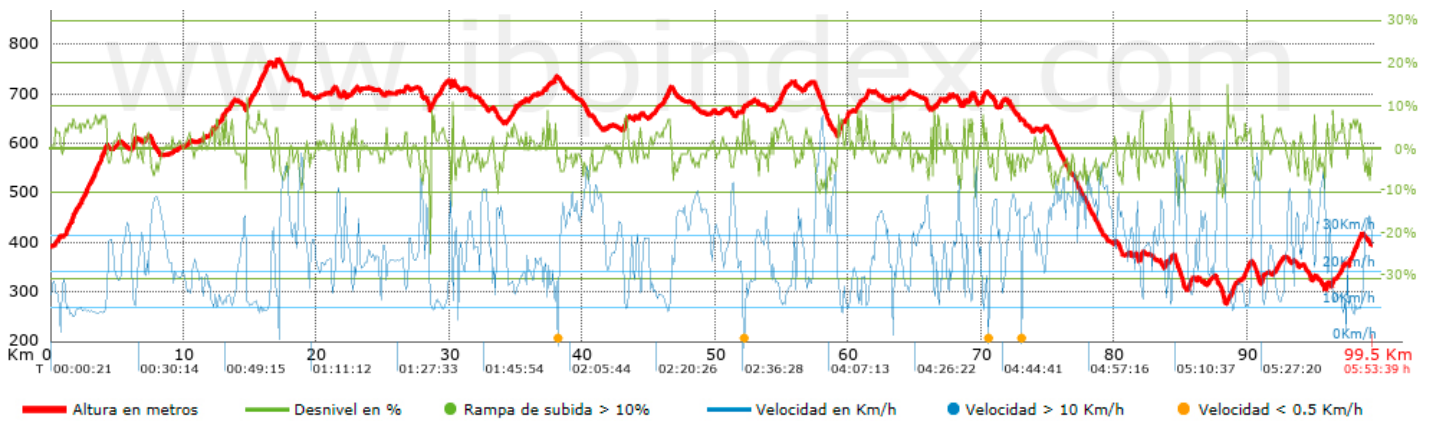
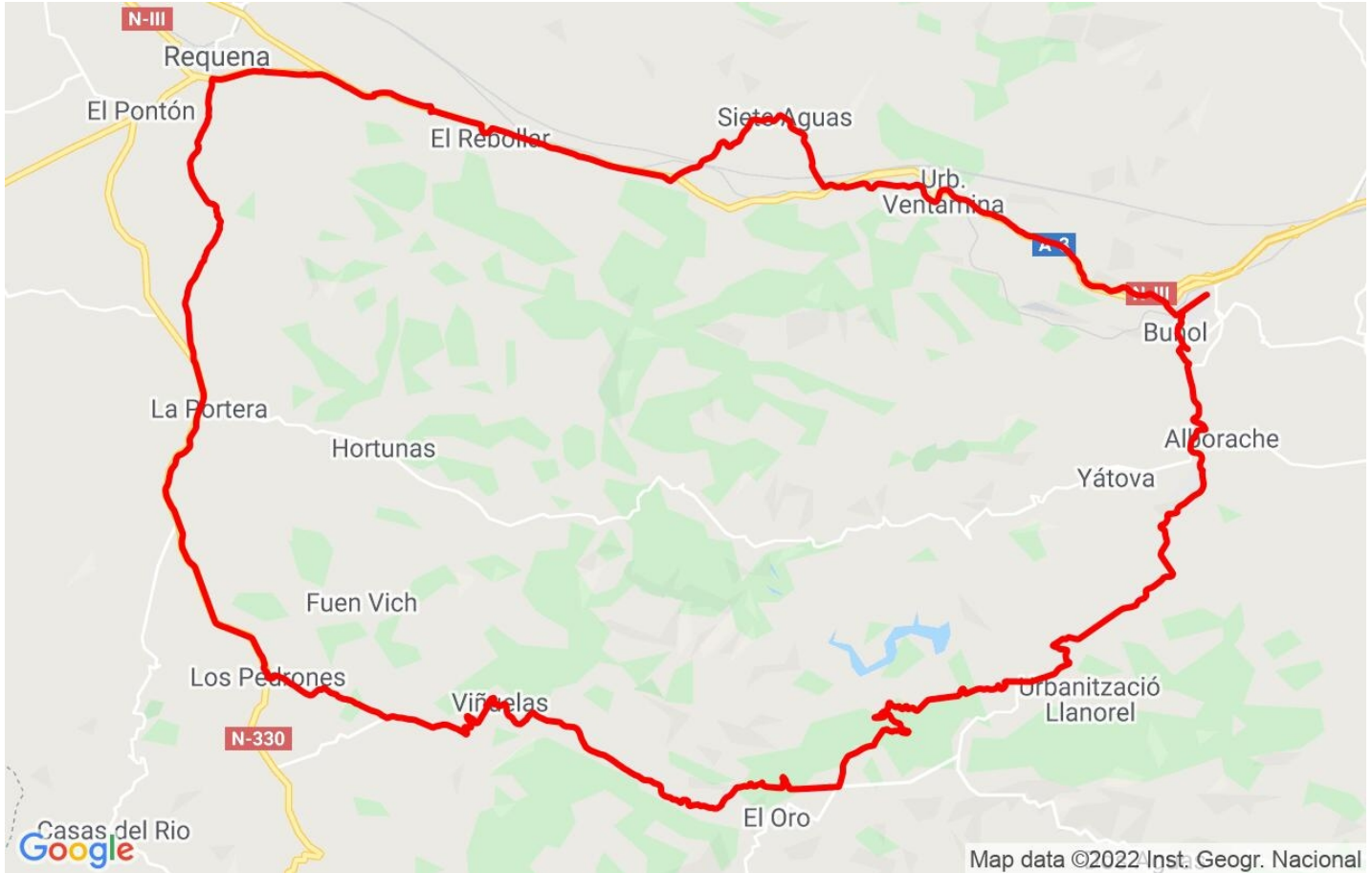


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	0.44	0.44	11.01	0:02:24	
	Between 5 and 10%	12.239	12.3	12.52	0:58:40	
	Between 1 and 5%	24.487	24.62	16.83	1:27:19	
	Total :	37.167	37.36	15.03	2:28:23	
	Plain					
	Difference of 1%	23.995	24.12	24.33	0:59:10	
	Breakdown descents					
	Between 1 and 5%	27.134	27.28	33.12	0:49:09	
	Between 5 and 10%	10.345	10.4	39.58	0:15:41	
Between 10 and 15%	0.777	0.78	38.83	0:01:12		
Between 15 and 30%	0.059	0.06	21.37	0:00:10		
Total :	38.315	38.52	34.73	1:06:12		
Total track :	99.48	100 %	21.8	4:33:45		

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High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
38.074	0:02:37	735	2:01:20	2:01:20	38.074
52.067	1:13:47 > 10´	664	2:36:28	0:35:08	13.993
70.512	0:02:11	702	4:40:30	2:04:02	18.445
73.013	0:01:19	648	4:47:28	0:06:58 < 10´	2.502
Total :	1:19:54 h				